

# The Effect of the New Drug Decoglitz on Tumors of Mice and Rats with Oral and Intraperitoneal Use and Its Effect on Immunity

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**Abstract** **Aim** of the work was to evaluate the antitumor activity of the new drug Decoglitz with intraperitoneal and oral use in animals with tumor strains of Sarcoma 45 (C-45), ovarian tumor and Ehrlich solid tumor in comparison with its intra-peritoneal use, as well as its effect on immunity with oral use. **Material and methods.** The study was carried out on 63 outbred rats and mice with transplantable tumors of the ovarian tumor, Sarcoma 45 (C-45) and Ehrlich solid tumor, which were injected with the drug orally and intra-peritoneally 10 times. The results were evaluated according to standard criteria: inhibition of tumor growth, animals' body and spleen weight. The study of the immune status indicators was carried out in the circulating blood and spleen on the day of slaughter according to the methodological recommendations of the Institute of Immunology of the Russian Federation and the Institute of Immunology of the Academy of Sciences of the Republic of Uzbekistan. The differences were considered significant at  $p < 0.05$ . **Results.** The antitumor activity of the drug Decoglitz when injected orally at a dose of 20 mg / kg on the tumor strain of Ehrlich solid tumor was high - 92/89%. Its effect was 20-14% higher than the effect of Decoglitz when injected intra-peritoneal at a dose of 20 mg/kg. The effect of Decoglitz on C-45, with different methods of injection was the same (98/96%). The activity of Decoglitz on ovarian tumor with intra-peritoneal injection reached 89/76% with a remission rate of 40%, with oral - 96/86% with a remission rate of 60%. The effect of the drug Decoglitz on immunity injected orally was manifested in a slight decrease of the CD4, CD8 and CD19 receptors. **Conclusion.** The study of the new drug Decoglitz on animals with Ehrlich solid tumor, C-45 and ovarian tumor revealed its high activity when injected orally, on 2 tumors higher than intra-peritoneal injection. The effect on immunity of the drug Decoglitz does not imply a pronounced failure of immunity when it is used in the clinic.

**Keywords** Antitumor activity, Sarcoma 45, Ovarian tumor, Ehrlich solid tumor, Decoglitz, Oral and intraperitoneal use, Decocin, Effect on immunity

## 1. Introduction

The pronounced general toxic effect of a large number of used cytostatics, rapidly developing resistance, lack of sensitivity of a number of tumors to existing drugs dictate the need to create new antitumor drugs with a complex of new properties.

On the basis of glycyrrhizic acid and the previously developed non-water-soluble drug Decocin which showed significant efficacy in clinical trials for skin cancer in the form of ointment [1-2], a new supramolecular complex called Decoglitz was obtained, differing in physico-chemical parameters from the original Decocin, as well as a 2.6-fold decrease in toxicity and solubility in water.

For this drug, antitumor activity was studied with intraperitoneal injection on a number of tumor strains, both in comparison with Decocin and with other known drugs, which turned out to be 15-20% higher [3-4]. The positive characteristics of the drug suggest that it should be studied after oral application which will provide an easy-to-use dosage form of the drug.

**Aim** of this work was to study the antitumor activity of the drug Decoglitz when injected orally in animals with tumor strains of Ehrlich solid tumor (EST), Sarcoma 45 and ovarian tumor (OT) in comparison with its intraperitoneal use, as well as to study the effect of Decoglitz on immunity with the best method of application.

## 2. Material and Methods

The object of the study was the drug Decoglitz, as well as the drug Decocin, from which Decoglitz was obtained. Both

drugs were synthesized from colchicine in the laboratory for the development of antitumor drugs of the Republican Specialized Scientific and Practical Medical Center of Oncology and Radiology.

Mice and rats were injected with Decoglitz at a dose of 20 mg/kg and 40 mg / kg, decocin - at a dose of 15 mg/ kg. The drugs etoposide at a dose of 8 mg / kg (Etoposidephosphate, Bristol-MyersSquibb) and 5-fluorouracil at a dose of 15 mg / kg (GetwellPharmactuals, India). All drugs were injected 10 times every day.

43 outbred rats weighing 90-140 g and 20 outbred mice weighing 19-20 g were used in our study. The animals were kept in 4-6 individuals under natural lighting conditions with free access to water and food. The experiment included 6 animals in the experimental groups and 6-8 rats in the control group (with the injection of saline solution). The study of antitumor activity was carried out on mice with an Ehrlich solid tumor (EST) and rats with strains of Sarcoma 45 and ovarian tumor (OT). Tumor strains were obtained from the tumor bank of the Institute of Oncology of Kazakhstan and passed on donor rats according to the strain protocol.

The tumors were transplanted according to generally accepted methods: tumors are inoculated subcutaneously with a suspension of tumor cells of 30-60 mg in 0.3-0.5 ml of nutrient medium per rat or mouse [5]: the tissue of the tumor strain was freed from necrotic areas under sterile conditions, and then passed through a homogenizer. 0.9% sterile saline was added to the tumor mass at a ratio of 1:10. Microscopically, the number of viable tumor cells was determined in Goryaev's chamber which made up 84.3% at average. A tumor suspension in a volume of 0.2 ml per 20 g of mouse weight and 0.3 ml per 100 g of rat weight was transplanted into the right thigh subcutaneously. After inoculation of the tumor strain, the animals were numbered on the coat using picrin dye.

Treatment of animals was started 4-7 days after tumor implantation. The drugs were injected in all groups 10 times. All animals of the tumor groups were injected with drugs in the amount of 0.2 ml per 20 g of mouse and 0.3 ml per 100 g of rat. The slaughter of animals was carried out on the 19th-35th day after the tumor implantation. All rats and mice were euthanized under ether anesthesia in accordance with the International Rules for the Protection of Vertebrates. All experiments were performed in accordance with the recommendations and requirements of the "World Society for the Protection of Animals (WSPA)" and "European Convention for the Protection of Experimental" (Strasbourg, 1986). The body weight of the animals was measured before the injection and at the end of the experiment.

During the experiment, in order to study the dynamics of tumor growth, the volumes of tumors were measured through the skin of animals in the treated and control groups of rats (in 3 projections) at the beginning of the experiment, every 5 days after the start of treatment and before slaughter. At the end of the experiment in slaughtered animals, the efficiency was determined by the volume (V) of the

extracted tumor tissue, as well as by the mass of the tumor in the compared groups. Inhibition of tumor growth (ITG) was calculated by the formulas [5]:

$$ITG \% = (V_{\text{trial}} - V_{\text{control}}) / V_{\text{trial}} \times 100\%$$

$$ITG \% = (M_{\text{trial}} - M_{\text{control}}) / M_{\text{trial}} \times 100\%$$

where  $V_{\text{control}}$  – the average tumor volume in animals of the control group,  $V_{\text{trial}}$  - average tumor volume in animals of the experimental group or  $M_{\text{control}}$  - average tumor mass in animals of the control group,  $M_{\text{trial}}$  - average tumor mass in animals of the experimental group.

The tolerability of the treatment was judged by the death of mice. The mass of the spleen and some elements of hematopoiesis were determined for an indirect assessment of possible hematotoxicity in slaughtered mice. To study the immune status indicators in *in vivo*, the immune status indicators in the circulating blood and spleen were studied on the day of slaughter according to the methodological recommendations of the Institute of Immunology of the Russian Federation and the Institute of Immunology of the Academy of Sciences of the Republic of Uzbekistan. To study the parameters of the immune status in vivo, we studied the indicators of the immune status in the circulating blood and spleen on the day of slaughter. The slaughter was carried out by decapitation, when the tumor-bearing animals of the control group (C-1) began to die. The studies included counting the number of leukocytes and total lymphocytes; lymphocytes were isolated from 4-5 ml of heparinized peripheral blood according to Boyum (1968) on a density gradient of ficoll-verografin (1.077 g / l), determination of the number of total lymphocytes, phenotyping of lymphocytes were carried out using the method of indirect rosette formation using monoclonal antibodies manufactured by LLC "SORBENT", Russia (CD3 +, CD4 +, CD8 +, CD16 +, CD20 +, CD95 +) included in the panel of basic CD markers for the determination of T-lymphocytes, T-helpers / inducers, natural killer cells, T-cytotoxic / suppressors, B-lymphocytes and apoptosis receptors, respectively.

Statistical processing was carried out using the Statistica program, version 6.0.  $p < 0.05$  was taken as the level of statistical significance.

### 3. Results

The study of the antitumor activity of the drug on the tumor strain of the EST began 7 days after the transplantation of tumors, the drug Decoglitz was injected 10 times intra-peritoneally at a dose of 20 mg/ kg and orally at a dose of 20 mg/ kg. The slaughter was carried out on day 35. In all groups the death of mice was observed in 25%, which was associated with the duration of the experiment. In group 2, the drug Decoglitz, at intra-peritoneal injection at a dose of 20 mg / kg, showed antitumor activity in 72/63%. In group 3, Decoglitz also injected orally at a dose of 20 mg / kg, showed a more significant antitumor effect (92/89%). At the same time, there was no decrease in body weight in both groups, the

weight of the spleen with intra-peritoneal injection decreased by 24%, with oral injection - by 14% (Tab. 1).

On the Sarcoma 45 strain, the study of the drugs antitumor activity began 4 days after the transplantation of tumors, the slaughter was carried out on the 21<sup>st</sup> day. 25% of the animals died in the control group, apparently, in which the largest tumors were formed due to tumor intoxication. There was no animal death in the experimental groups with the use of Decoglitz and Decocin. In the group with 5-fluorouracil all animals died after 10-fold injection.

There was 30% of the animals' death in the group with Etoposide. In groups 2 and 3, the drug Decoglitz with intra-peritoneal and oral injection showed high antitumor activity in 98/96%, however, 80% were observed with intra-peritoneal injections and 40% of regressed tumors – at oral ones. In both cases, the drug caused a slight decrease in body weight (by 0.3-5%) and an increase in the spleen by 20 and 50%. In group 4, drug Decocin had a lower antitumor effect - 70/72%, the drug caused a slight decrease in body (by 6%) and spleen (by 20%) weight (Tab. 2).

**Table 1.** Antitumor activity of the drug Decoglitz on a tumor strain of an Ehrlich solid tumor (treatment from the 7<sup>th</sup> day, 10 injections of substances, slaughter on the 35<sup>th</sup> day)

Groups of animals, doses mg/kg	Animals weight (g)		Spleen weight (mg)	Tumor volume (cm <sup>3</sup> )		Tumor weight (g)	% inhibition of tumor growth
	before	after		7 <sup>th</sup> day	35 <sup>th</sup> day		
1. control saline	19.0±0.75	27.0±1.4	328±28	0.3±0.1	13.6±2.08	11.4±1.3	
2. 20 mg/kg (intra-peritoneal)	19.3±0.75	24.0±1.5	250±50	0.4±0.1	3.8±0.1*	4.2±1.0	72/63
3. 20 mg/kg (orally)	19.3±0.5	21.7±0.9	283±50	0.5±0.08	1.1±0.2*	1.3±0.2*	92/89

Note: in the treatment groups n = 6, in the control n = 8; \* differences are statistically significant in comparison with control at P <0.05

**Table 2.** Antitumor activity of drugs in rats with Sarcoma 45 tumor (treatment from the 4<sup>th</sup> day, 10 injections, slaughter at the 21<sup>st</sup> day)

Groups of animals, drugs, doses (mg/kg)	Death of animals	Body weight (g)		Tumor volume (cm <sup>3</sup> )			Tumor weight (g)	Spleen weight (mg)	% inhibition of tumor growth		
		before	after	5 <sup>th</sup> day	12 <sup>th</sup> day	21 <sup>st</sup> day			By volume and weight	% Regress	
Control	8/2	131±9.3	121±9	0.3±0.04	2.1±0.5	2.7±0.8	2.5±1.1	0.5±0.03			
Decoglitz (20) intraper.	6/0	102±5.8	97±6.0	0.2±0.1	0.2±0.1	0.04±0.01*	0.04±0.01	0.6±0.04	98	96	80
Decoglitz (20) (orally)	5/0	177±13	170±14	0.3±0.1	0.4±0.2	0.04±0.02	0.1±0.03	1.0±0.2	98	96	40
Decocin (15) intraper.	6/0	132±17	124±14	0.1±0.02	0.5±0.13	0.8±0.07*	0.7±0.07*	0.4±0.03	70	72	0
5. 5-FU (15) intraper.	6/6	109±4.4	-	0.1±0.05	0.48±0.08	-	-	-	77	-	0
6. Etoposide (8) intraper.	6/2	114±9	106±8	0.2±0.01	0.7±0.16	0.6±0.16	0.6±0.06*	0.3±0.02	78	76	0

Note : \* differences are statistically significant in comparison with control at P <0.05

**Table 3.** Antitumor activity of the drug Decoglitz in rats with ovarian tumor (treatment from the 4<sup>th</sup> day, 10 injections of substances, slaughter on the 19<sup>th</sup> day)

Groups of animals, drugs, doses (mg/kg)	Animals weight (g)		Tumor volume (cm <sup>3</sup> )		Tumor weight (g)	Spleen weight (mg)	% inhibition of tumor growth			
	before	after	8 <sup>th</sup> day	19 <sup>th</sup> day			By volume and weight	% of regress		
									Control	140±10.6
20 mg/kg (intra-peritoneal)	119±4.6	135±7.0	0.7±0.1	0.3±0.02*	0.6±0.1*	0.8±0.07	89	76	40	
40 mg/kg (orally)	110±3.2	139±5.7	0.6±0.1	0.1±0.01*	0.1±0.03*	0.8±0.1	96	86	60	

Note: in the treatment groups n = 6, in the control n=6; \* differences are statistically significant in comparison with control at P <0.05

**Table 4.** Average values of some parameters of immunity in mice in control and in experiment

	CD3	CD4	CD8	CD16	CD20	CD95
Control	48±3.6	40±4.3	5±2.1	36±3.8	20±2.8	38±2.3
Decoglitiz (orally) (40)	30±5.5*	28±6.2	5±1.5*	33±2.5*	18±5.7	35±6.7

\* differences are statistically significant in comparison with control at  $P < 0.05$

The drug 5-fluorouracil at a dose of 15 mg/kg caused the death of all animals on the 15<sup>th</sup> day after vaccination and its antitumor effect could be assessed on day 12 when measuring the volume of tumors in 2 animals which reached 76% in relation to the control group on that day in group 5. However, due to the death of animals, it was impossible to assess the effect of the drug on body and spleen weights. In group 6, the drug Etoposide had an antitumor effect of 78/76%; the side effects - a slight decrease in body weight (by 7%) and a pronounced decrease in spleen weight (by 40%). The study of the drugs antitumor activity on the ovarian tumor (OT) strain began 4 days after the transplantation of tumors. Decocin was injected intra-peritoneally, Decoglitiz - both intraperitoneally and orally. There were no deaths of animals during the experiment. The slaughter was carried out on the 19<sup>th</sup> day.

In group 2, the antitumor effect (89/76%) of the drug Dekoglitiz at a dose of 20 mg / kg with intra-peritoneal administration was lower than with the effect on Sarcoma 45, however, tumor regression was observed in 40% of the animals. The drug caused a slight decrease in the spleen (by 11%), the body weight was 13% more than the initial one (Table 3).

In group 3, the drug Decoglitiz at a dose of 40 mg / kg with oral injection had a higher antitumor effect -96/86%, while it caused tumor regression in 60% of animals. the side effects of the drug were only a slight decrease in the spleen (by 11%), the body weight was 26% more than the initial one. at the same time, hemoglobin and erythrocyte counts were slightly reduced (by 8 and 12%), and leukocytes were increased by 44%.

The high antitumor activity of the drug Decoglitiz, as well as its further study as a cytostatic, suggests a research of its effect on immunity. Studies of surface lymphocyte receptors were carried out in the productive phase of the immune response after oral administration of Decoglitiz to animals with ovarian tumor. It was found that the drug Decoglitiz causes a decrease in CD16 receptors (natural killer cells) by 1.1 times, CD95 (apoptosis receptors) by 1.09 times ( $p < 0.05$ ), CD3 lymphocytes by 1.6 times relative to the control. There were significant differences in the expression of CD4 receptors (helpers) which were reduced by 1.4 times. The CD20 receptor was reduced 1.1 times in the drug, and CD8 (cytotoxic T-lymphocytes) were at the control level (Tab. 4).

#### 4. Discussion

Early inhibition of natural helper cells, cytotoxic T-lymphocytes and B-lymphocytes may indicate suppression of immunity indicators. It is known that

anticancer drugs depending on the dose and time of administration can both suppress and stimulate the immune response. But, as a rule, repeated administration of an anticancer drug causes significant or complete immunosuppression, and also suppresses hematopoiesis. However, in general, the effect on immunity manifested in a slight decrease in the CD4, CD8 and CD19 receptors by the drug Decoglitiz, does not imply a pronounced failure of immunity when it is used in the clinic.

The activity of the new drug Decoglitiz, both in comparison with Decocin, from which it was obtained, and well-known cytostatics, such as 5-fluorouracil and Etoposide, as well as with others [3-4], was 20-28% higher than the comparison drugs. At the same time, a decrease in side effects was noted. It should be noted that Decoglitiz with intraperitoneal use was studied at a dose that was significantly lower in relation to LD50 than that of Decocin. Previously, it was noted for derivatives of Glucocorticoids [6] that their activity is manifested in doses 2-4 times less than the maximum tolerated, which is a significant difference between the complexes of Glucocorticoids with antineoplastic drugs and leads to a decrease in side effects during their use. It is important to note that usually at oral injection, the doses of cytostatics, as a rule, when achieving a high effect, are significantly higher than with intra-peritoneal injection. However, Dekoglitiz shows high efficiency at the same dose of 20 mg / kg, both with intraperitoneal use and oral, which is unexpected for an antitumor drug and very convenient for subsequent use, since it does not cause side effects.

The high antitumor activity of the drug Dekoglitiz is confirmed by its more intense effect on the synthesis of nucleic acids which is 8-15% more than that of Decocin and 10-40% more than that of Etoposide taken as a control. It is also capable of performing internucleosomal degradation and fragmentation of tumor DNA [4] which explains its antitumor efficacy, greater than that of Decocin in experiments on tumors. The study of the drug Dekoglitiz when administered orally on 3 tumors of mice and rats showed no less high activity of the drug when administered orally, and the doses of the drug in 2 cases were the same as when administered intraperitoneally (20 mg / kg), and only on the tumor ovary dose of 40mg / kg was used. It should be noted that intraperitoneal administration of Dekoglitiz was studied at a dose that, in relation to LD50, was significantly less than that of Dekocin. It is important to note that usually with oral administration, the doses of cytostatics, as a rule, to achieve a high effect, are significantly higher than with intraperitoneal administration. However, Dekoglitiz shows high efficacy at the same dose of 20 mg / kg, both with

intraperitoneal use and oral, which is unexpected for an antitumor drug and very convenient for subsequent use, since it does not cause side effects.

## 5. Conclusions

The new drug turned out to have reduced toxicity and 20-28% more pronounced activity after intraperitoneal administration, both in comparison with Dekocin, from which it was obtained, and known cytostatics such as 5-fluorouracil and etoposide, as well as with others. At the same time, a decrease in side effects was noted. The study of the drug Decoglitz with oral administration on 3 tumors of mice and rats showed no less high activity of the drug with oral administration, and the doses of the drug were in 2 cases the same as with intraperitoneal administration (20 mg / kg), and only a dose of 40 mg / kg was used on ovarian tumors. It should be noted that Decoglitz cin with intraperitoneal use was studied at a dose that was significantly lower in relation to LD50 than that of Dekocin. It is important to note that usually with oral administration, the doses of cytostatics, as a rule, to achieve a high effect, are significantly higher than with intraperitoneal administration. However, Dekoglitz shows high efficacy at the same dose of 20 mg / kg, both with intraperitoneal use and oral, which is unexpected for an antitumor drug and very convenient for subsequent use, since it does not cause side effects. The high antitumor activity of the drug Decoglitz is confirmed by a more intense effect of it on the synthesis of nucleic acids, which is 8-15% more than that of Decocin and 10-40% more than that of etoposide taken as a control, and also to carry out the internucleosomal degradation and fragmentation of tumor DNA, which explains its antitumor efficacy, greater than that of Decocin in experiments on tumors.

Thus, the established fact of the formation of stable complexes of glycyrrhizic acid with the anticancer drug Decoglitz allows us to consider glycyrrhizic acid and its salts as promising molecular containers in drug delivery systems and for the creation of new drugs on their basis.

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