

# Solving Geometrically Nonlinear Problem on Deformation of a Helical Spring through Variational Methods

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**Abstract** Deformation of the helical springs is mostly considered as linear, due to their linearly proportionate elongation to their applied load. However, this assumption is not capable of capturing the full and accurate mechanical behavior of helical springs undergoing large deformations. Moreover, their mechanical behavior under compression is usually neglected. In this article, the problem of the tension-compression of a helical spring is solved with higher accuracy by considering a modification of its geometrical parameters. The novel solution, based on the use of variational methods, is both precise and much easier to apply than a solution based on the use of differential equations.

**Keywords** Geometrically Nonlinear, Nonlinear Spring, Helical Spring, Large Deformation, Nonlinear Deformation, Variational Methods

## 1. Introduction

Springs are essential components of many devices and machines. They can be used as damping element in a mechanical system to minimize vibration or impact. Nowadays, they are necessary components used in automotive, train, and aerospace industries [1, 2]. Spring behavior can be also used to model different materials such as polymer composites, or metals [3-5]. Spring failure due to forced vibration also needs to be addressed [6, 7]. To accurately model these materials, or to better optimize the mechanical system containing spring element, and to augment the efficiency, it is essential to account for nonlinearity of the springs [8-10], and propose a constitutive model which accounts for both contraction and extension of springs [11-13]. In this article, the problem of the tension-compression of a helical spring is solved with higher accuracy by considering a modification of its geometrical parameters. The novel solution, based on the use of variational methods, is both precise and much easier to apply than a solution based on the use of differential equations.

Here, we consider a geometrically nonlinear problem.

Since the rod, in this case, is flexible, the impact of axial forces  $N$  and transverse forces  $Q$  is small compared to the bending moment  $M_u$  and twisting moment  $M_k$ . Hence, the axial force  $N$  and transverse force  $Q$  are not taken into account.

The axial line is a helix, and its radius-vector in the Cartesian coordinate system is described by the equation

$$\vec{R} = \rho \left[ \vec{i}_1 \cos(\varphi) + \vec{i}_2 \sin(\varphi) \right] + \vec{i}_3 b\varphi, \quad (1)$$

where  $\varphi$  is the parameter that represents the angle,  $\rho$  is the cylinder radius, and  $2\pi b$  is the pitch of a spring. On the other hand, a helix line, as for any curve, is defined by setting the curvature  $k$  and twist  $\chi$ , linked to  $\rho$  and  $b$  correlations:

$$k = \frac{\rho}{\rho^2 + b^2}, \chi = \frac{b}{\rho^2 + b^2}, \quad (2)$$

Hence, their inverse relationships have the following forms:

$$\rho = \frac{k}{k^2 + \chi^2}, b = \frac{\chi}{k^2 + \chi^2}, \quad (3)$$

Furthermore, the tangent vector to the helix line is determined by the first derivative of the radius vector under the parameter

$$\vec{T} = \frac{d\vec{R}}{d\varphi} = \dot{\vec{R}} = \rho \left[ -\vec{i}_1 \sin(\varphi) + \vec{i}_2 \cos(\varphi) \right] + \vec{i}_3 b, \quad (4)$$

and its length

$$\left| \dot{\vec{T}} \right| = \left( \vec{T} \cdot \vec{T} \right)^{\frac{1}{2}} = \sqrt{\rho^2 + b^2} = (k^2 + \chi^2)^{\frac{1}{2}} \quad (5)$$

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If we select a natural parameter as the parameter (which is the length of the arc  $S$ ), then by using (5), we can obtain the natural parameter

$$s = \int_0^\varphi \sqrt{\rho^2 + b^2} d\varphi = \sqrt{\rho^2 + b^2} \varphi, \quad \varphi = \frac{s}{\sqrt{\rho^2 + b^2}} \quad (6)$$

From (4) and (6), we can then obtain the radius-vector

$$\vec{R} = \rho \left[ \vec{i}_1 \cos\left(\frac{s}{\sqrt{\rho^2 + b^2}}\right) + \vec{i}_2 \sin\left(\frac{s}{\sqrt{\rho^2 + b^2}}\right) \right] + \vec{i}_3 b \frac{s}{\sqrt{\rho^2 + b^2}} \quad (7)$$

Since, in accordance with the statement of the problem, the rod elongation is not taken into account, the length of the rod remains unchanged and equal to  $L$ . To determine the spring length, we find the radius-vector for the farthest point at  $s = L$ . The spring compression  $\lambda$  is equal to the difference between the radius-vector projections on the axis of the spring in both initial and final states, such that

$$\begin{aligned} \lambda &= \vec{R}(\rho, b, L) \cdot \vec{e}_3 - \vec{R}(\rho_0, b_0, L) \cdot \vec{e}_3 \\ &= L \left( \frac{b}{\sqrt{\rho^2 + b^2}} - \frac{b_0}{\sqrt{\rho_0^2 + b_0^2}} \right), \\ \lambda &= L \left( \frac{\chi}{\sqrt{k^2 + \chi^2}} - \frac{\chi_0}{\sqrt{k_0^2 + \chi_0^2}} \right). \end{aligned} \quad (8)$$

Because we are considering a physically linear problem, the bending moment  $M_u$  and twisting moment  $M_k$  are proportional to the change of the curvature and torsion, respectively. If the initial curvature of the rod (wire) is  $k_0$  and its torsion (twist) is  $\chi_0$ , we have

$$M_u = EI(k - k_0), \quad M_k = GI_p(\chi - \chi_0). \quad (9)$$

Hence, the strain potential energy, just considering bending moment and torsion, can be calculated as

$$\begin{aligned} W &= \frac{1}{2} \int_0^L \frac{M_u^2}{EI} ds + \frac{1}{2} \int_0^L \frac{M_k^2}{GI_p} ds, \\ W &= \frac{1}{2} EI \int_0^L (k - k_0)^2 ds + \frac{1}{2} GI_p \int_0^L (\chi - \chi_0)^2 ds. \end{aligned} \quad (10)$$

If we consider the helical spring with the free ends under axially symmetric load, its curvature and twist are constant along its length. Under these conditions,

$$W = \frac{1}{2} EI(k - k_0)^2 L + \frac{1}{2} GI_p(\chi - \chi_0)^2 L. \quad (11)$$

In accordance with the principle of virtual work, the sum of the works by external and internal forces on the possible displacements is zero. This condition is equivalent to the condition where the sum of the variation work of external forces and strain energy is zero

$$\delta W + \delta A = 0. \quad (12)$$

The variation of strain potential energy is equal

$$\delta W = EI(k - k_0)L\delta k + GI_p(\chi - \chi_0)L\delta\chi. \quad (13)$$

A variation of the work in the result of external forces is  $\delta A = P\delta\lambda$ . Since the variation of the movement of the

points under the applied load is equal to the variation of the spring compression,

$$\begin{aligned} \delta\lambda &= L\delta \left( \frac{\chi}{\sqrt{k^2 + \chi^2}} - \frac{\chi_0}{\sqrt{k_0^2 + \chi_0^2}} \right) \\ &= L \left[ \left( \frac{1}{\sqrt{k^2 + \chi^2}} - \frac{\chi^2}{(k^2 + \chi^2)^{\frac{3}{2}}} \right) \delta\chi - \frac{\chi k}{(k^2 + \chi^2)^{\frac{3}{2}}} \delta k \right]. \end{aligned}$$

Therefore,

$$\delta A = PL \left[ \frac{k^2}{(k^2 + \chi^2)^{\frac{3}{2}}} \delta\chi - \frac{\chi k}{(k^2 + \chi^2)^{\frac{3}{2}}} \delta k \right]. \quad (14)$$

Considering (12), (13) and (14), we obtain

$$\begin{aligned} EI(k - k_0)L\delta k + GI_p(\chi - \chi_0)L\delta\chi \\ - PL \left[ \frac{k^2}{(k^2 + \chi^2)^{\frac{3}{2}}} \delta\chi - \frac{\chi k}{(k^2 + \chi^2)^{\frac{3}{2}}} \delta k \right] = 0 \end{aligned} \quad (15)$$

By regrouping components containing variations and taking into account that the variation of curvature and torsion are arbitrary, to satisfy Equation (15) it requires to cancel out (nullify) the coefficients behind variations. Therefore, we obtain the equations

$$\begin{aligned} EI(k - k_0) + P \frac{\chi k}{(k^2 + \chi^2)^{\frac{3}{2}}} &= 0, \\ \text{and } GI_p(\chi - \chi_0) - P \frac{k^2}{(k^2 + \chi^2)^{\frac{3}{2}}} &= 0, \end{aligned} \quad (16)$$

The obtained equations (16) allow us to exclude the force  $P$ . Furthermore, by using correlations  $E = 2(1 + \nu)G$ ,  $I_p = 2I$  for the circular rod, we can find the relation between the twist and the curvature:

$$(1 + \nu)k(k - k_0) + \chi(\chi - \chi_0) = 0 \quad (17)$$

By expressing the torsion and bending through the radius and the pitch of spring, in accordance with (2), we get:

$$(1 + \nu) \frac{\rho}{\rho^2 + b^2} \left( \frac{\rho}{\rho^2 + b^2} - k_0 \right) + \frac{b}{\rho^2 + b^2} \left( \frac{b}{\rho^2 + b^2} - \chi_0 \right) = 0,$$

Then, by expressing the pitch through the radius and elevation angle of the helix line, we can calculate:

$$\begin{aligned} (1 + \nu) \frac{\cos^2 \alpha}{\rho} \left( \frac{\cos^2 \alpha}{\rho} - k_0 \right) \\ + \frac{\cos \alpha \sin \alpha}{\rho} \left( \frac{\cos \alpha \sin \alpha}{\rho} - \chi_0 \right) = 0, \end{aligned}$$

and thus obtain a formula for easily determining the spring strain

$$\rho = \frac{(1 + \nu) + tg^2 \alpha}{(1 + tg^2 \alpha)((1 + \nu)k_0 + \chi_0 tg \alpha)}. \quad (18)$$

## 2. Result and Discussion

Figures 1 to 5 show the results of the spring deformation with the following parameters: Young's modulus  $E =$

2 MPa ; Poisson's ratio  $\nu = 0.3$  ; wire (rod) diameter  $d = 0.1 \text{ mm}$  ; the mean radius of the cylinder (coil)  $r_0 = 10 \text{ mm}$  ; the initial value of the parameter determining pitch  $b_0 = 10 \text{ mm}$  ; and the initial value corresponding to the initial curvature  $k_0 = 0.05$ , the initial torsion  $\chi_0 = 0.05$ , and the initial elevation angle  $\alpha_0 = 0.7854$ .

This example has the typical feature of a large spring pitch. The calculated results show that the single relationship between the radius and elevation angle is close to linear as it

is shown in Figure 2, whereas all other parameters are far from linear. Furthermore, the relationship between force and displacement (Figure 5) is negative under compression, which is the main reason for instability. The derived formulas can be used to calculate long multi-turn springs, with negligible boundary condition effects. When considering short springs, we need to consider the boundary conditions.

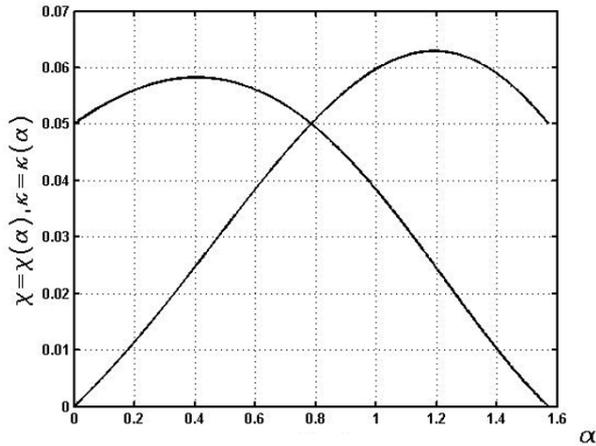


Figure 1

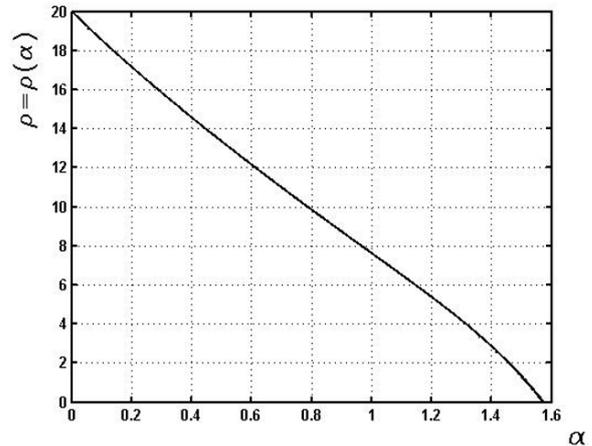


Figure 2

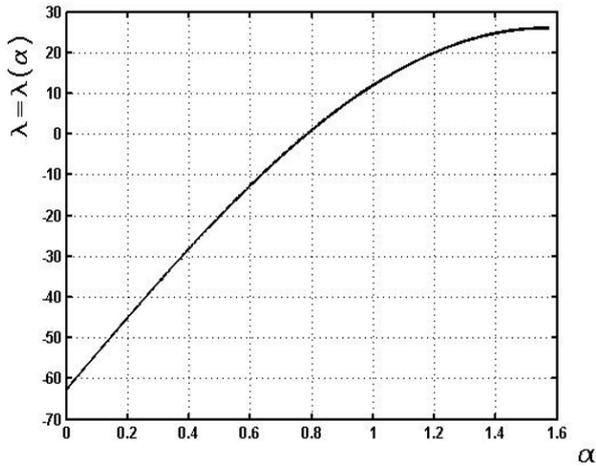


Figure 3

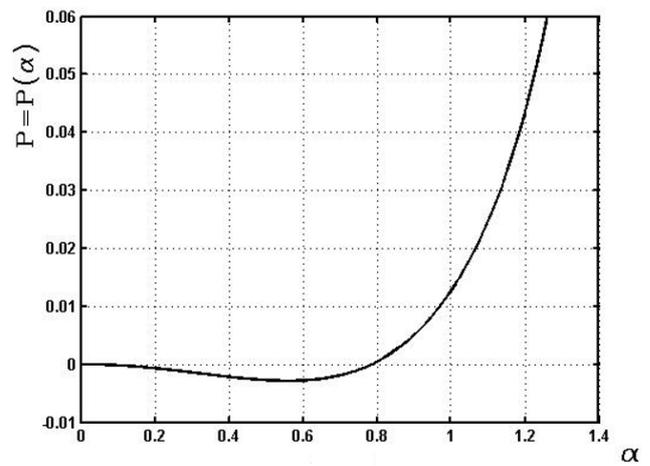


Figure 4

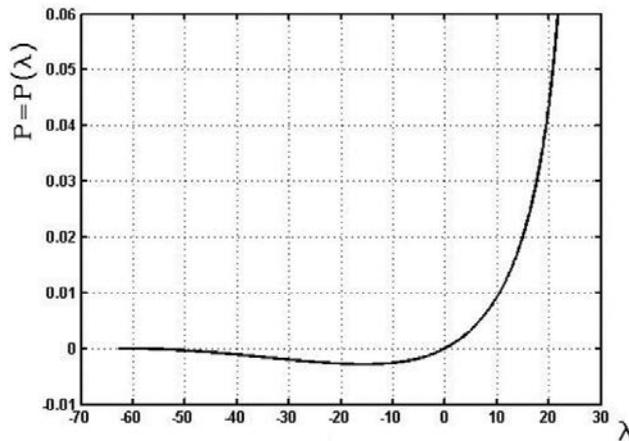


Figure 5

### 3. Conclusions

In contrast to many cases, where deformation of the helical springs is considered as linear, due to their linearly proportionate elongation to their applied load, as well as neglecting its behavior under compression, in this work we achieved the full picture of spring's mechanical behavior undergoing large deformation, accounting for nonlinearity, and contraction. It was shown that the solution based on variational principle, is both precise and much easier to apply than a solution based on the use of differential equations.

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