

Analyzes of Minerals, Nutritional Values, Anti-Nutritional and Microorganisms in Cooked Seed Meal of *Treculia perrieri* after 2, 6 and 12 Months of Storage

Armand Zafilaza

Faculte of Sciences, Biochimie, Biotechnology and Microbiology, University Antsirana, Madagascar

Abstract The flour of *Treculia perrieri* comes from cooked seed is rich in nutrients. It is necessary to study nutritive values, minerals, anti-nutrients and microorganisms after 2, 6 and 12 months of storage. The protein decreases with time 14.7g / 100g for 2 months and 12.01g / 100g in 6 months of preservation against 9.89g / 100g in 12 months. Similarly for lipids in 12 months 6.89g / 100g the remaining rate against 9.57g / 100g in 2 months and 7.20g / 100g in 6 months of storage. Carbohydrate is rich in cooked *Treculia perrieri* flour; the rate decreases if the preservation time is long. For 2 months of preservation the rate is 64.17g / 100g and 61.04g / 100g in 6 months against 57g / 100g for 12 months. Regarding ash, the rate decreases from 2 months, 6 months and 12 months of storage, so 2.14g / 100g, 2g / 100g and 1.08g / 100g. The presence of water in the flour *Treculia perrieri* disappear as and conservation, 9.42g / 100g in 2 months and 8.12g / 100g for 6 months against 7.6g / 100g in 12 months. The calorie in "Tsitindry" decreases 370.56Kcal / 100g in 12 months against 389.02Kcal / 100g for 6 months and 401.61Kcal / 100g for 2 months. The Ca, Mg, K, Fe, Na mineral contents are determined by atomic absorption spectrophotometry. Ca is very sensitive during storage. It decreases with time 146.73mg / 100g in 2 months and 140mg / 100g for 6 months against 95mg / 100g for 12 months. The rate of Mg is average in the "Tsitindry". After 12 months of storage, it remains 130.02mg / 100g against 138mg / 100g in 6 months and 143.11mg / 100g for 2 months of storage. The rate of Fe decreases, in 2 months of storage, it remains 7.25mg / 100g and 6.77mg / 100g in 6 months against 6mg / 100g for 12 months of storage. "Tsitindry" is rich in K, the rate falls during conservation. 444.11mg / 100g in 2 months of storage and 400.02mg / 100g for 6 months against 377mg / 100g in 12 months. After Fe, Na is in small quantities in "Tsitindry"; in 2 months of conservation the rate of Na is 49.32mg / 100g and 45 mg / 100g for 6 months against 25mg / 100g for 12 months of storage. For antinutritional analysis in *Treculia perrieri* using specific chemical reagents by method of Fong et al. Antinutrients are present in the cooked meal of *Treculia perrieri* but in small quantities. The rate of tannins and saponosides are 0mg / 100g for 2, 6 months and 12 months storage. Regarding the pyrogallic the rate remains 0 mg / 100g in 12 months of storage against 0.002mg / 100g in 2months and 0.001mg / 100 for 6 months of storage. During storage, it is necessary to analyze the different types of microorganisms in the cooked meal of *Treculia perrieri*. In 2 months of storage the level of microorganism as aerobic total mesophilic flora at 30°C / g at 3.104; 2.104 for 6 months and 104 in 12 months. For total coliforms at 30°C/ g, the rate remains below the EU standard. 5,101 for 2 months of storage and 2,101 for 6 months of storage against 101 in 12 months of storage. The number of *Escherichia coli-glucuronidase* (+) at 44°C / g is below the EU standard; 9 in 2 months, 7 in 6 months and 8 in 12 months of storage. The number of *Staphylococcus coagulases* (+) at 37°C / g in 2 months remains 85, 89 in 6 months and 56 in 12 months. The EU gives 104 the maximum rate of sulfored bacteria at 37°C / g in one gram of flour, but in our results the rate remains 104 over 2, 6 months until 12 months of storage. As for Yeasts and molds at 25°C / g, the number is 2,103 in 2 months, 103 in 6 months and 103 in 12 months against 104 the EU standard. During storage for 2, 6 and 12 months, the number of *Salmonella* at 25°C / g remains absent.

Keywords *Treculia perrieri*, Antinutrients, Nutritional value, Microbiological analyzes, Mineral study

1. Introduction

Treculia perrieri are wet woods below 300m, alluvium; it

blooms in the months of July and October. The ripe fruits are between January and February. The "Tsitindry" is very widespread in the DIANA region, more precisely the Ambanja district (Sambirano). It is also located in western Madagascar, Menabe, Morondava, Befandriagna. *Treculia perrieri* (Tsitindry) is a plant endemic to Madagascar. It is classified in:

* Corresponding author:

armandzaf@hotmail.fr (Armand Zafilaza)

Published online at <http://journal.sapub.org/food>

Copyright © 2018 Scientific & Academic Publishing. All Rights Reserved

Class: Equisetopsida

Subclass: Magnoliidae

Superorder: Rosanae

Order: Rosales

Family: Moraceae

Genus: *Treculia*

Species: *Treculia perrieri*

Variety: *Treculia perrieri* var. *perrieri*

Vernacular names: Katoka, Tobory, Tsipa, Titindry [14]

Treculia perrieri is a tree up to 30m deep trunk furrowed winged buttresses, bark smooth and greyish. Young pubescent twigs. Leaves persistent petiole puberulous at first, 8-12 mm. Leafy blade, angular or obtuse and unequilateral at the base rounded or acute at the apex, wider in the lower half than the upper half, 11-18 cm long and 4-7 cm long; About 15 lateral veins on each side; thin nerves regularly crosslinked. Dioecious flowers rarely monoecious, the receptacles males ordinarily on young twigs, females on aged twigs [14].

Male receptacles, obovate with narrowed base, up to 4cm by 3. Flowers intertwined with peltate bracts in crest, welded on 2/3 of their length, exceeded by the flowers at anthesis. Perianth hyaline short-bellied with 3-4 small ciliate teeth and 4 exerted stamens. Female receptacles of similar shape, but larger (6 out of 5). Female flowers in several rows, interspersed with peltate bracts, the stigmata protrude alone. Two stigmatic branches of 5 to 7mm slightly papilleuses, obtuse, surmounting a hairy style of about 3mm. Syncarp sessile irregular shape exceeding 30 cm and 5 kilos, fleshy, presenting towards the surface 6-7 rows of ovoid achenes about 1 cm. Woody pericarp slender, brown on dry seed without albumen; thin integument. Unequal cotyledons completely folded the notched, bilobed tops receding at the level of the radicle, the widest enveloping the other in a tongue [14].

The mastery of the different parameters is really interesting. The minerals, nutrient levels are important contained *Treculia perrieri* powder. It is really important exploited as a staple of malnourished children in Madagascar. The presence of Potassium, Calcium and Magnesium with high levels are considered second category food after rice during the lean period. *Treculia perrieri* is very abundant in Northern Madagascar. To go out in the food problem; the Malagasy state must exploit the natural wealth. The analysis of the elements after storage is important because it assures the consumer and gives an accurate indication of the element rates after 2.6 and 12 months of storage. The four analyzes are necessary

- mineral analysis
- nutritional value analysis
- antinutrients analysis
- and analysis of micro-organisms

2. Methods and Materials

2.1. Flour Preparation of *Treculia perrieri*

The seeds are extracted from ripe fruit. And after, the seeds are separated from the pods and boiled for a few moments so that the pod around them bursts. Drain and dry the pods before shelling them for ease. After the cotyledons are sun-dried then the cotyledons are ground to obtain the *Treculia perrieri* flour.

2.2. Analyzes of Minerals after 2, 6 and 12 Months of Conservation

The flour is put into a muffle oven at 550°C to obtain a white ash containing the minerals.

The Ca, Mg, K, Na mineral contents are determined by atomic absorption spectrophotometry. After wetting, 5 to 25 ml of concentrated hydrochloric acid are added. The suspension is then boiled and filtered. The phosphorus level is determined by colorimetry or spectrophotometry at 560 nm [6, 8, 12, 25].

2.3. Nutritional Value Analysis after 2, 6 and 12 Months of Conservation

Lipids: the sample is treated with hexane. Five grams of sample are introduced into extraction cartridges for six hours. The extracted extract is placed in a drying oven at 75°C. for one hour until a constant mass is obtained [25, 31, 34, 42].

- **Crude ash:** the 5 g sample taken is placed in a muffle furnace set at 550°C. White ash is weighed after cooling.

- The proteins:

Two protein extraction techniques are used.

- a) The flour obtained is suspended in a sodium phosphate buffer (0.05 mol.l⁻¹ at pH 8.0) at a rate of 4 g in 9 ml. The debris is removed by centrifugation at 20,000 g. Proteins from the supernatant and the centrifugation pellet are precipitated in the presence of TCA at 50 µl⁻¹. They are dissolved in decinormal soda and measured according to the LOWRY method [6, 10, 25].
- b) The flour is suspended in a sodium phosphate buffer (1 mol.l⁻¹ at pH 0.8) at a rate of 1 g in 9 ml and milled under constant pressure (420 kg / cm²). Cell debris is removed and the suspension centrifuged at high speed under the conditions described in the art. The soluble proteins obtained, according to the two techniques, are separated into two groups by chromatography and the supernatants extracted after high speed centrifugation are dialyzed for 16 hours against a sodium phosphate tap (0.01 mol.l⁻¹ at pH 8, 0) containing urea at a final concentration of 8 mole.l⁻¹. The dialysates are then chromatographed in a column of diethylaminoethylcellulose equilibrated with the same buffer. In this method, the cationic protein retained by the resin and in other cases the anionic proteins remain adsorbed. The cationic and anionic proteins separated by chromatography are hydrolysed at 140°C. for 24 h in the presence of 6N HCl. Their respective amino acid composition is determined after

analysis of hydrolysates [6, 9, 10, 13, 50].

- **Carbohydrates** are determined spectrophotometrically at 490 nm. The Fischer and Stein method is applied and uses DNS at 540 nm to evaluate soluble sugars [13, 17].

2.4. Determination of Antinutritional Factors of *Treculia perrieri* "Tsitindry" Meal after 2, 6 and 12 Months of Storage

The determination of the total phenol content was based on the reaction with the Folin Ciocalteu reagent. The blue color obtained has a maximum absorption at 725 nm [31, 37, 40]. The tannins were determined according to the spectrophotometric method using acidified vanillin and tannic acid as standard ($\lambda_{max} = 500$ nm). Determination of saponin content was made using the aerosimetric method based on the formation of stable foams by Koziol saponins [8, 14, 15, 21, 26].

2.5. Microbiological Analysis after 2, 6 and 12 Months of Storage of the Starches of "Tsitindry"

The microbiological quality of the starch of "Tsitindry" is the subject of an interesting survey after the manufacture and the storage, because the starch is very sensitive to mildew because of the humidity during the drying. The micro-organisms in the starch of "Tsitindry" preexist in the raw matter before his transformation, but can be brought also accidentally in the starch. The present micro-organisms are harmful micro-organisms constituted by pathogenic germs, of the micro-organisms of change and contamination [1, 2, 3, 4].

a) Studied samples

Meal after cooking storage

b) Types of the studied microorganisms

- flora aerobe total mésophile to 30°C
- Total *Coliformes* to 30°C
- *Escherchia coli* - *glucuronidase* (+) to 37°C
- *Staphylococci coagulases* (+) to 37°C
- Bacteria sulfite-reducteurs to 37°C
- Yeasts and mildews to 25°C
- *Salmonella* (3)

c) Solution mother

One takes 10g of "Tsitindry" and addition 90g of water

peptone stamped. The whole is ground during 60s in the STOMACHER. After the solution mother is sudden a set of decimal dilutions:

d) Fashion of calculation

- **sowing in depth** [1, 2, 3, 4]

$$N = \frac{\sum a}{V(n_1+0,1 n_2)d} \quad \text{ou} \quad N = \frac{\sum a}{V-n.d}$$

N: Numbers of colonies

$\sum a$: The sum of the Ufcs in two dilutions

V: Volume of inoculum ensemencé+

n1: number of limp of 1st dilution

d: factor of dilution corresponds to the 1st dilution

n2: numbers of limp of second dilution

n: number of limps

- **sowing in surfaces for the *Staphylococci coagulase*** (+) [1, 2, 3, 4]

$$N = \frac{\sum a}{V \cdot 1.1.F}$$

$$a = \frac{b^c}{A^c} + C^c - \frac{b^{nc}}{A^{nc}} \cdot C^{nc}$$

A^c: number of characteristic colonies planted out

A^{nc}: number of colonies non feature planted out

b^c: number of colonies of feature of presumed positive *Staphylococci*

b^{nc}: number colonies non feature of presumed positive *Staphylococci*

C^c: number of characteristic colonies of positive *Staphylococci* presumed for it limps

C^{nc}: does Sum of the columns of *Staphylococci* to positive coagulase identified in two limp.

F: rate of dilution to the 1st dilution

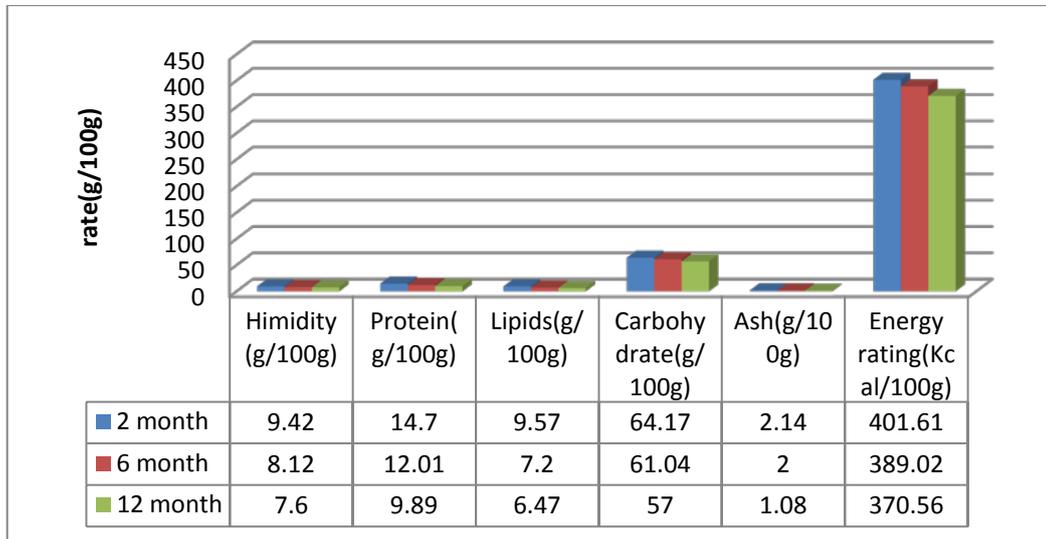
V: volume spread on every limps

3. Results and Discussion

3.1. Nutritional Value of the Tuber of "*Treculia perrieri*" after 2, 6 and the Conservation

Table 1. Nutritional Value Analysis

| Month | 2 | 6 | 12 |
|---------------------------|--------|--------|--------|
| Humidity (g/100g) | 9.42 | 8.12 | 7.6 |
| Protein (g/100g) | 14.7 | 12.01 | 9.89 |
| Lipids (g/100g) | 9.57 | 7.20 | 6.47 |
| Carbohydrate (g/100g) | 64.17 | 61.04 | 57 |
| Ash (g/100g) | 2.14 | 2 | 1.08 |
| Energy rating (Kcal/100g) | 401.61 | 389.02 | 370.56 |



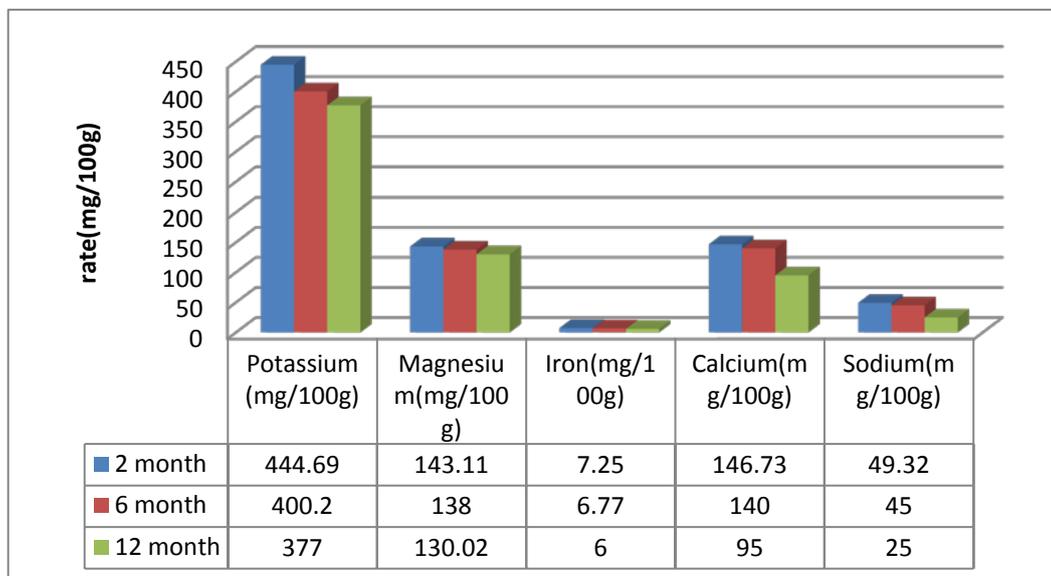
After different storage times, nutrient levels are decreased depending on the shelf life. There is no difference in nutrient levels between 2 and 6 months of storage; as protein 14.7 g / 100g after 2 months against 12.01g / 100g for 6 months and 9.89 g / 100g after 12 months of storage. Similarly for lipid the rate decreases as a function of the shelf life, 9.57g / 100g after 2 months and 7.2g / 100g for 6 months against 6.47g / 100g after 12 months of storage. For the carbohydrate level in "Tsitindry" flour, after 12 months of storage is 57g / mg against 61.04g / mg for 6 months and 64.17g / 100g after 2

months. The ash rate also decreases with storage time. 2.14g / 100g for 2 months and 2g / 100g for 6 months against 1.08g / 100g for 12 months. At the energy level, the calorie rate also decreases with the storage time; 401.61Kcal / 100g for 2 months and 389.02Kcal / 100g in 6 months against 370.56 Kcal / 100g.

3.2. Dosage of the Minerals of "*Treculia perrieri*" after 2, 6 and 12 the Conservation

Table 2. Analysis of minerals

| Month | 2 | 6 | 12 |
|--------------------|--------|-------|--------|
| Potassium (g/100g) | 444.11 | 400.2 | 377 |
| Magnesium (g/100g) | 143.11 | 138 | 130.02 |
| Iron (g/100g) | 7.25 | 6.77 | 6 |
| Calcium (g/100g) | 146.73 | 140 | 95 |
| Sodium (g/100g) | 49.32 | 45 | 25 |



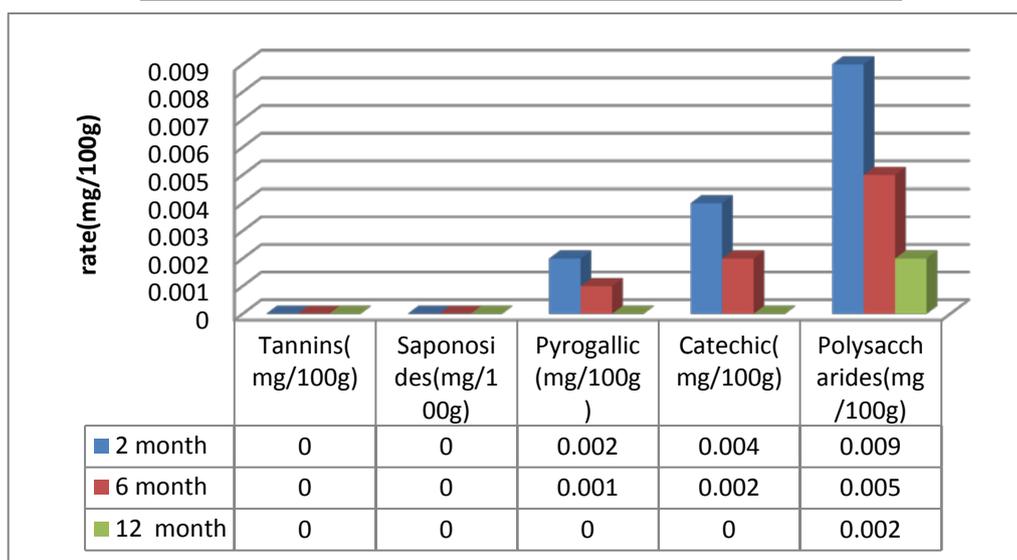
The mineral content in *Treculia perrieri* flour depends on the shelf life, it decreases if the storage time is long; as potassium 444.69mg / 100g for 2 months and 400.2mg / 100g against 377mg / 100g. Similarly for magnesium, 143.11mg / 100g in 2 months of storage and 138mg / 100g for 6 months against 130.02mg / 100g. At the iron level, the rate did not differ for 2, 6 and 12 months of storage (7.2mg / 100g for 2 months, 6.77mg / 100g, 6mg / 100g). As for calcium, it is very sensitive to conservation but the rate does not differentiate during conservation; 146.73mg / 100g for 2

months and 140mg / 100g in 6 months against 95mg / 100g in 12 months of storage. Sodium with its average levels in "Tsitindry" flour also depends on shelf life. During 2 months of storage the sodium content remains 49.32mg / 100g and 45mg / 100g for 6 months against 25mg / 100g in 12 months of storage.

3.3. Antinutritional Value in *Treculia perrieri* after 2, 6 and 12 Month the Conservation

Table 3. Summary of antinutritional factors

| Month | 2 | 6 | 12 |
|---------------------------|-------|-------|-------|
| Tannins (mg/100g) | 0 | 0 | 0 |
| Saponosides (mg/100g) | 0 | 0 | 0 |
| Pyrogallic (mg/100g) | 0.002 | 0.001 | 0 |
| Catechic (mg/100g) | 0.004 | 0.002 | 0 |
| Polysaccharides (mg/100g) | 0.009 | 0.005 | 0.002 |



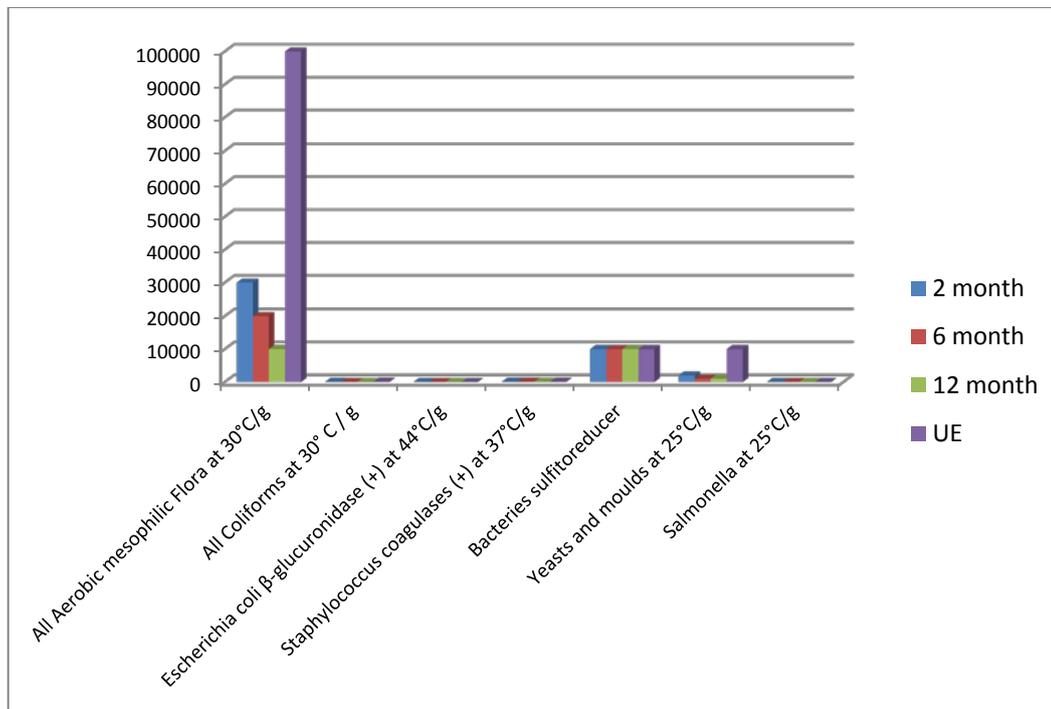
After 2, 6 and 12 months of storage the rate of tannins and saponosides in the meal of *Treculia perrieri* remains 0 mg / 100g. But in the pyrogallic the rate remains in the trace 0.002mg / 100g for 2 months and 0.001 mg / 100g for 6 months of storage against 0 mg / 100g in 12 months of storage. For catechic, the rate remains 0m / 100g in 12 months of storage but the presence in 2 and 6 months of preservation the rate remains 0.004mg / 100g and 0.002mg /

100g. Similarly in the polysaccharide, the rate decreases as a function of storage time; 0.009mg / 100g for 2 months and 0.005mg / 100g in 6 months of storage cutter 0.002mg / 100g.

3.4. Microbiological Quality of the Flour of *Treculia perrieri* after 2, 6 and 12 Months of Conservation

Table 4. Microbiological Quality of the flour of *Treculia perrieri*

| Samples | 2 month | 6 month | 12 month | UE Standard (m) |
|---|-------------------|-------------------|-----------------|-----------------|
| All Aerobic mesophilic Flora at 30°C/g | 3.10 ⁴ | 2.10 ⁴ | 10 ⁴ | 10 ⁵ |
| All Coliforms at 30°C/g | 5.10 ¹ | 2.10 ¹ | 10 ¹ | 100 |
| <i>Escherichia coli</i> β-glucuronidase (+) at 44°C/g | 9 | 7 | 8 | 10 |
| <i>Staphylococcus coagulases</i> (+) at 37°C/g | 85 | 89 | 56 | 100 |
| <i>Bacteries sulfitoreducer</i> at 37°C/g | 10 ⁴ | 10 ⁴ | 10 ⁴ | 10 ⁴ |
| Yeasts and moulds at 25°C/g | 2.10 ³ | 10 ³ | 10 ³ | 10 ⁴ |
| <i>Salmonella</i> at 25°C/g | Absence | Absence | Absence | Absence |
| Conclusion per sample | satisfied | satisfied | satisfied | |



Yeasts and molds are weathering microorganisms. They are present in the flour of "Tsitindry", they cause the pigmentation, the formation of a viscous film, the gas release in the products. Molds result in changes in appearance, texture, taste, odor and degradation of the organoleptic quality of the product by the production of indole and H₂S. The rate of yeasts and molds decreases according to conservation time 2.103 for 2 months and 103 for 6 months against 103 in 12 months of storage compared to EU 104. It is necessary to dry well before storage.

Total coliforms are pathogenic bacteria such as *Escherichia coli*. They are indicators of faecal contamination. The coliform level is lower than the EU standard after 2, 6 months and 12 months of storage. And while that of *Escherichia coli* β-glucuronidase (+) is below this norm. They are brought by wind and dust during drying.

Staphylococci coagulases (+) at 37°C / g are few microorganisms in the production medium. They produce neurotoxins. The rate remains below the EU standard for 2, 6 months and 12 months of conservation.

The anaerobic sulphite-reducing bacteria at 37°C / g are commensals of the intestine. They are also found in the soil and reduce sulphites to sulphides. They are in vegetative or sporulated forms very resistant. The sulphite-reducing bacteria level is equal to the EU standard of 104. For *Salmonella* at 25°C/ g, the rate is absent for 2, 6 months and 12 months of storage.

4. Conclusions

To be at the norm it is advisable to respect the modes of preparation, from manipulation to storage. To limit microbial growth during production, reduce the content of unbound

water or free water and use H.A.C.C.P method during product preparation and manufacturing. As a result, the mineral levels decrease as a function of the shelf life of "Tsitindry" flour. As the potassium levels 444.11mg / 100g in 2 months of storage, 400.2mg / 100g in 6 months and 377mg / 100g in 12 months. Similarly for Calcium 146.73mg / 100g for 2 months of storage; after the rate decreases decreasing 140mg / 100g in 6 months and 95mg / 100g in 12 months. Magnesium decreases gradually 143.11mg / 100g in 2 months, 138 mg / 100g in 6months and 130.2 in 12 months. For nutrients, they decrease gradually during 2, 6 and 12 months of conversations; like Carbohydrates after 12 months of storage, the rate becomes 57g / 100g. The rate of antinutrients also decreases with conservation time. So *Traculia perrieri* flour is very rich in human needs.

REFERENCES

- [1] AFNOR: 1994. Microbiologique alimentaire. Méthode de routine pour le dénombrement de Staphylocoque à coagulase positive par comptage des colonies à 57°C. NFV 08-057 AFNOR, p: 419-433.
- [2] AFNOR: 1994. Microbiologique alimentaire Directives générales pour les examens pour le dénombrement des *Staphylococcus aureus* Méthode par comptage des colonies. NFV 08-014, 150 6888, Afnor, p: 113-120.
- [3] AFNOR: 2001. Microbiologie des aliments. Méthode horizontale pour le dénombrement des *Escherichia coli* β-glucuronidase positive par comptage des colonies à 44°C, NF ISO 16649-2, Afnor: p: 1-8.
- [4] AFNOR; 1982. (Association Française de normalisation).

- Recueil des normes françaises des produits dérivés des fruits et légumes. In *Jus de fruits*. 1^{ère} édition. Paris, France, p. 327.
- [5] Akpata, MI et OE Miachi 2001. Aspects nutritifs de deux plantes alimentaires: Une étude comparative préliminaire. *Électronique J. Environ. Agric.. Food Chem*, 10: 2019-2025.
- [6] AOAC (Association of analytical chemists), 1970. *Officials methods of analysis*, Association of analytical chemists, Washington, DC USA, USA.
- [7] Antia B.S., Akpan E.J., Okon P.A., Umoren I.U, 2006. Nutritive and Anti-Nutritive Evaluation of Sweet Potatoes (*Ipomoea batatas*) Leaves. *Pakistan Journal of Nutrition*, 5 (2), 166-168.
- [8] Cheftel J-C., Cheftel H. 1977. *Introduction à la biochimie et à la technologie des aliments*. Volume 1. Technique et Documentation -Lavoisier, Paris, p. 383.
- [9] Cozzone A., Bursson F. 1970. Electrophorèse en gel de Polyacrylamide des protéines de *S. plantensis* et de *S. gitleri*. *C.R.hebd. Séanc-Acad SC. Paris*.
- [10] Decne, 1847. *Ann. Sci. Nat.* 3^{ème} sér, VIII, p: 108.
- [11] Dubois M., Gilles K.A., Hamilton J.K., Roben F. A. et al. 1956. Colorimetric method for determination of sugar and related substances. *Anal. Chem*, 28, 350-356.
- [12] Devani M.B., Shiohoo J.C., Suhagia B.N. 1989. Spectrophotometrical method for microdetermination of nitrogen in Kjeldahl digest. *J. Ass. OFMF. Anal. Chem*, 72 (6), 953-956.
- [13] Fenwick D.E., Oakenfull D. 1983. Saponin content of food plants and some prepared foods. *J. Sci Food Agric*, 34, 186-191.
- [14] *Flore de Madagascar et des Comores*, 1952. *Plantes vasculaires*. Fam. Moracées, P: 24-29.
- [15] Francis G., Kerem Z., Makkar H.P.S., Becker K., 2002. The biological action of saponins in animal systems: a review. *British Journal of Nutrition*, 88, 587-605.34. Guggenbühl N. Diététicien Nutritionniste.
- [16] Fischer E. H., Stein E.A. 1961. DNS colorimetric determination of available carbohydrates in foods. *Biochemical Preparation*, 8, 30-37.
- [17] Goni I., Garcia-Diz L., Manas E., Saura-Calixto F. 1996. Analysis of resistant starch: a method for foods and food products. *Food Chemistry*, 56, 445-449.
- [18] Gupta K., Barat G.K., Wagle D.S., Chawla H.K.L. 1989. Nutrient contents and antinutritional factors in conventional and non-conventional leafy vegetables. *Food Chemistry*, 31, 105-116.
- [19] Hercberg S. 1994. Fer, vitamines, oligo-éléments. I. Le fer. In *Enseignement de la nutrition*, tome 1, p. 121-131.
- [20] Jumelle, 1920. *C.R. Acad. Sci.*, CLXXI, p: 924.
- [21] Koziol M.J. 1990. Afrosimetric Estimation of Threshold Saponin Concentration for Bitterness in Quinoa. *Journal of the Science of Food and Agriculture*, 54 (2), 211-220.
- [22] Lehninger A.L. 1982. La nutrition humaine. In *Principe de biochimie*. Edition Flammarion Médecine Sciences, pp. 753-789.
- [23] Leandri, 1948. *Not. Syst.*, XII, p: 172.
- [24] Marigo G. 1973. Méthode de fractionnement et d'estimation des composés phénoliques chez les végétaux. *Analysis*, 2 (2), 106-110.
- [25] Noonan S.C., Savage G.P. 1999. Oxalate content of food and its effect on humans. *Asia Pacific Journal of Clinical Nutrition*, 64-74.
- [26] Olesek W. et al. 2001. Steroidal saponins of *Yucca schidigera* Roezl. *J. Agric. Food. Chem*, 49(9), 4392-4396.
- [27] Parke D.V., Ioannides C. 1981. The role of nutrition in toxicology. *Ann. Rev. Nutr*, 1, 207-234.
- [28] Pingle, U. et BV Ramastin 1978. *Analyse chimique des aliments*. .. 7 EDN, Church Hill Livingstone, Londres, Royaume - Uni, pp: 72-73,138-143, 488-496.
- [29] Rouers B. 1996. L'eau, agent de détoxication alimentaire Étude de deux techniques de détoxication des plantes alimentaires utilisées par les Aborigènes Australiens. *Altérité*, 1(1).
- [30] FONG et coll., 1974, en utilisant des réactifs chimiques spécifiques.
- [31] Abdullahi SA, Abdullahi GM. 2005. Effect of Boiling on the Proximate, Anti-Nutrients and Amino Acid Composition of Raw *Delonix regia* Seeds. *Niger. Food J.* 23: 128-132.
- [32] Adewusi SRA, Falade OS. 1996. The Effect of Cooking on extractable tannin, phytate, sugars and mineral solubility in some improved Nigerian Legume Seeds. *Food Sci. Technol. Int.* 2: 231-240.
- [33] Association of Official analytical Chemists (AOAC). 1984. *Official Methods of Analysis* 14th Edition.
- [34] Barker MM. 1996. *Nutrition and Dietics for Health Care*. 9th Edn.Churchill Livingston New York, N.Y., pp. 92-101.
- [35] Baumer M. 1995. Food producing trees and shrubs of West Africa. *Serie- Etudes –et Recherches*, Senegal pp. 168-260.
- [36] Dreon DM, Vranizan KM, Krauss RM, Austin MA, Wood PD. 1990. The effects of polyunsaturated fat and monounsaturated fat on plasma, Lipoproteins. *J. Am. Med. Assoc.* 263: 2462.
- [37] Elias LG, De Fernandez DG, Bressani R. 1979. Possible effects of seed coat Polyphenolics on the Nutritional Quality of Bean Protein. *J. Food Sci.* 44(2): 524-526.
- [38] Eromosele IO, Eromosele CO, Kuzhkuzha DM. 1991. Evaluation of mineral elements and ascorbic acid contents in fruits of some wild plants. *Plant Hum. Nutr.* 41: 151-154.
- [39] Eromosele IC, Eromosele CO. 1993. Studies on the chemical composition and physio-chemical properties of seeds of some wild plants: (Netherland) *Plant Food Hum. Nutr.* 43: 251-258.
- [40] Food and Nutrition Board (FNB). 1974. Recommended dietary allowances. 8th edition National Academy of Sciences, National Research Council, Washington D.C. Harland BF.
- [41] Oberleas D. 1986. Anion exchange method for determination of phytates in food: collaborative study. *J. Assoc. Off. Anal. Chem.* 69: 667-670.

- [42] Kakade ML, Rackis JJ, Mc Ghee JE, Puski G. 1974. Determination of trypsin Inhibitor activity of soy products: A collaborative analysis of an improved procedure. *Cereal Chem.* 51: 376-383.
- [43] Liener IE, Kakade ML. 1980. Proteaseinhibitors. In: Liener I (ed). *Toxic constituents of plant food stuffs*, second edition, New York, Academic Press, pp. 7-71.
- [44] Liener IE. 1994. Implications of antinutritional components in soybean foods. *Crit. Rev. Food Sci. Nutr.* 34: 31-67.
- [45] Munro A, Bassir O. 1989. Oxalate in Nigerian vegetables. *W. Afr. J. Biol. Appl. Chem.* 12: 14-18.
- [46] Olaofe O, Akogun OO. 1990. Mineral and Vitamin C content and their distribution in some fruits. *Niger. Food J.* 8: 111.
- [47] Price ML, Scoyoc SV, Butler LG. 1978. A critical evaluation of the vanillin reaction as an assay for tannin in sorghum grain. *J. Agric. Food Chem.* 26: 1214-1218.
- [48] Reddy MB, Love M. 1999. The impacts of food processing on the nutritional quality of vitamins and minerals. *Adv. Exp. Med. Biol.* 459: 99-106.
- [49] Thompson LU. 1993. Potential health benefits and problems associated with anti nutrients in foods. *Food Res. Intl.* 26: 131-149.
- [50] Umoh IB. 1998. Commonly used fruits in Nigeria. In: *Nutritional Quality of Plant Foods*. (Eds Osagie AU, Eka OU). Post harvest Research Unit, University of Benin, Benin city. Nigeria.
- [51] Zarkada CG, Voldeng HD, Vu UK. 1997. Determination of the protein quality of three new northern adapted cultivars or common and mico types soya beans by amino acids.