

# Assessment of Lipoxin A4 and High Sensitivity c-reactive Protein in Patients with Bronchial Asthma with or without Gastro-esophageal Reflux Disease

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**Abstract** Lipoxins are lipoxygenase interaction products of arachidonic acid metabolism have been identified in human subjects with many varieties of respiratory illness, it can be synthesized by nasal polyps and bronchial tissues. the aim of the current study to assess the value of lipoxin A4 (LxA4) and high sensitivity c-reactive protein (hsCRP) in patients with bronchial asthma with or without gastro-esophageal reflux disease (GERD). For this purpose, 60 patients suffered from different grades of bronchial asthma, classified into three groups, group 1, 20 patients with mild persistent asthma, group 2, 20 patients with moderate persistent, and group 3, 20 patients with severe persistent asthma phenotype. 10 healthy subjects was taken as a control group. The followings were done for all subjects, pulmonary function tests (FEV1, FVC and SVC), total leukocytic count and eosinophilic count, serum lipoxin A4, high-sensitivity c-reactive protein, and upper gastro-esophageal endoscopy (for patients group only). From this study, the serum LxA4 level showed a significant progressive decline from mild to severe asthma groups with mean values,  $1.006 \pm 0.061$ ,  $0.677 \pm 0.078$  and  $0.351 \pm 0.075$ , ( $P < 0.002$ ), more-over, there was a significant decrease in its values in patients with GERD when compared with those without. ( $P < 0.002$ ) while hs.CRP showed a negative correlation with LxA4 and positive correlation with eosinophilic count and percentage. in conclusion, defective LxA4 generation in patients with asthma may be determine the degree of its severity the reason for the asthmatic patients whose illness become more serious.

**Keywords** Internal medicine, lipoxin A4, hsCRP, Bronchial asthma, GERD

## 1. Introduction

Lipoxin A4 (LxA4) is an anti inflammatory mediator having protective action and a role in restoration of tissue homeostasis after inflammation.

(1). It has a potent anti-inflammatory properties with cell type specific actions on leukocytes endothelia, and other stromal cells. (2).

Also, it was detected in broncho-alveolar lavage ((BAL)) and in pleural fluid from patients with chronic inflammatory lung diseases. (3)

The aim of the work was to assess the value of LxA4 in patients with bronchial asthma of different grades of severity with or without GERD, and to explore the association

between LxA4 and hs.CRP in those patients.

## 2. Subjects and Methods

In our study patients with bronchial asthma were classified according to GINA (4) guidelines into mild persistent (group 1), moderate (group 2) and severe persistent (group 3); 20 patients in each group. Patients were classified again according to the level of control, into controlled, partially controlled and uncontrolled 10 healthy subjects were taken as a control.

Patients and control, were subjected to history taking, clinical examination with special stress on chest and gastrointestinal systems, routine laboratory investigations, as liver and renal functions, fasting and 2h. postprandial blood sugar, also, total leukocytic count, eosinophilic count, serum lipoxin A4 level, and high sensitivity C-reactive protein, pulmonary function tests {forced expiratory volume, (FEV.) forced vital capacity (FVC), and slow vital capacity (SVC)}.

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### Assay Principle for lipoxin A4:

This is an ELISA for the quantitative analysis of LXA4 levels in biological fluid. This test kit operates on the basis of competition between the enzyme conjugate and the LXA4 in the sample for a limited number of antibody binding sites.

The sample or standard solution is first added to the microplate. Next, the diluted enzyme conjugate is added and the mixture is shaken and incubated at room temperature for one hour. During the incubation, competition for binding sites is taking place. The plate is then washed removing all the unbound material. The bound enzyme conjugate is detected by the addition of substrate which generates an optimal color after 30 minutes. Quantitative test results may be obtained by measuring and comparing the absorbance reading of the wells of the samples against the standards with a microplate reader at 450nm or 650nm. The extent of color development is inversely proportional to the amount of LXA4 in the sample or standard. For example, the absence of LXA4 in the sample will result in a bright blue color, whereas the presence of LXA4 will result in decreased or no color development.

### Product Features and assay principle of hsCRP:

The Diazyme High Sensitive C-Reactive Protein (hsCRP) Assay has a linear range of 0.20 - 20 mg/L that extends below the measurement range typical of most conventional CRP assay's. This lower range of measurement may include the evaluation of conditions thought to be associated with inflammation in otherwise healthy individuals.

### Assay Principle

The assay is based on a latex-enhanced turbidimetric immunoassay method. When an antigen-antibody reaction occurs between CRP in a sample and anti-CRP antibody which has been sensitized to latex particles, agglutination results. This agglutination is detected as an absorbance change (570 nm), with the magnitude of the change being proportional to the quantity of CRP in the sample. The actual concentration is then determined by interpolation from a calibration curve prepared from calibrators of known concentration.

### Intended use

The Diazyme High Sensitivity C-Reactive Protein (hsCRP) Assay is for the *in vitro* quantitative determination of C-reactive protein (CRP) in human serum and plasma on automated clinical chemistry analyzers. Measurement of CRP is of use for the detection and evaluation of inflammatory disorders and associated diseases, infection and tissue injury. For *in vitro* diagnostic use only (oxford biomedical research 2010 - 2014).

### Selection of patients

Patients with systemic diseases, as collagen diseases, liver diseases, renal diseases, cardiac diseases, infectious diseases and malignancies, were excluded.

None of patients in this study was on regular steroids either systemic or inhaled (patients who were off steroid),

only used as a reliever, beside the traditional treatment of bronchial asthma e.g bronchodilators.

## 3. Results

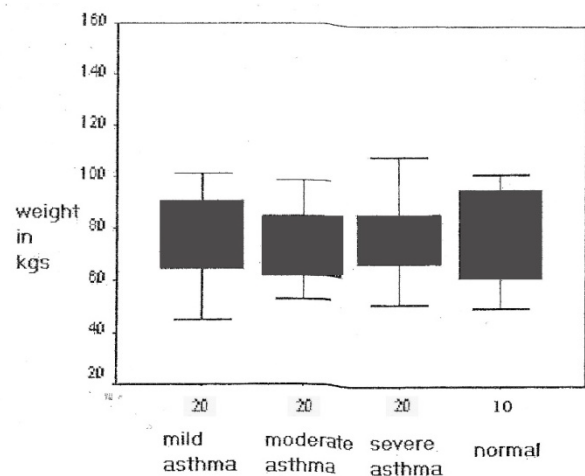
### 1) Weight:

In the group of patients with mild bronchial asthma, weight ranged from 45 to 101 kgs (Mean  $\pm$  SD: 77.63  $\pm$  17.4). In the group of patients with moderate asthma, weight ranged from 53 to 99 kgs (Mean  $\pm$  SD: 73.3  $\pm$  14.65). In the group of patients with severe asthma, weight ranged from 52 to 135 kgs (Mean  $\pm$  SD: 80.3  $\pm$  20.88). In the group of normal subjects, weight ranged from 50 to 102 kgs (Mean  $\pm$  SD: 78.4  $\pm$  18.89).

Weight in the different groups

	Mild	Moderate	Severe	Normal	F	P
Mean	77.63	73.3	80.3	78.4	0.94	0.4
SD	17.4	14.65	20.88	18.89		

There was no significant difference between the four groups as regards the weight F = 0.94, P = 0.4.



**Figure 1.** Weight distribution in patients with bronchial asthma and normal subjects. there was insignificant difference between the four groups

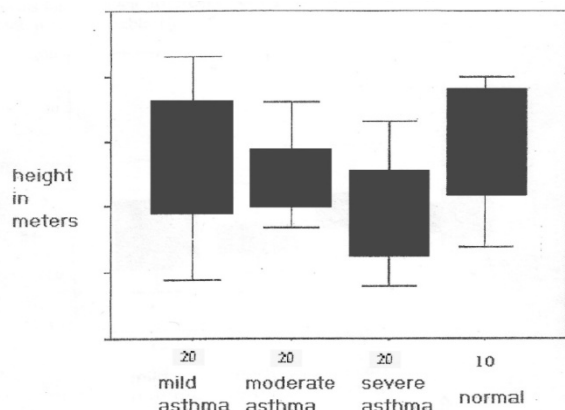
### 2) Height

In the group of patients with mild bronchial asthma, Height ranged from 1.49 to 1.83 ms (Mean  $\pm$  SD: 1.67  $\pm$  0.11). In the group of patients with moderate asthma, Height ranged from 1.57 to 1.83 ms (Mean  $\pm$  SD: 1.65  $\pm$  0.07). In the group of patients with severe asthma, Height ranged from 1.48 to 1.73 ms (Mean  $\pm$  SD: 1.6  $\pm$  0.08). In the group of normal subjects, Height ranged from 1.54 to 1.8 ms (Mean  $\pm$  SD: 1.68  $\pm$  0.09).

Height in the different groups

	Mild	Moderate	Severe	Normal	F	P
Mean	1.67	1.65	1.6	1.68	3.89	0.007
SD	0.11	0.07	0.08	0.09		

There was significant difference between the four groups as regards the Height  $F = 3.89$ ,  $P = 0.007$ .



**Figure 2.** Height distribution in patients with bronchial asthma and normal subjects

There was multiple significant differences between groups. patients with mild asthma were longer than patients with severe asthma  $p=0.03$ . normal subjects were longer than patients with severe asthma  $p=0.03$ . other relations were insignificant.

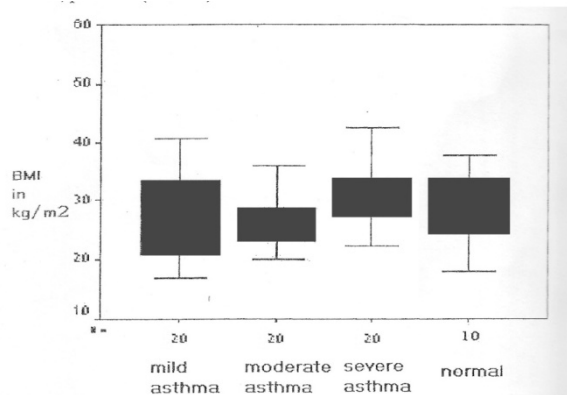
### 3) Body mass index (BMI)

In the group of patients with mild bronchial asthma, BMI ranged from 17.02 to 40.62  $\text{kg/m}^2$  (Mean  $\pm$  SD:  $28.24 \pm 7.6$ ). In the group of patients with moderate asthma, BMI ranged from 20.2 to 37.32  $\text{kg/m}^2$  (Mean  $\pm$  SD:  $26.86 \pm 5.2$ ). In the group of patients with severe asthma, BMI ranged from 22.21 to 50.19  $\text{kg/m}^2$  (Mean  $\pm$  SD:  $31.4 \pm 7.2$ ). In the group of normal subjects, BMI ranged from 17.96 to 37.92  $\text{kg/m}^2$  (Mean  $\pm$  SD:  $29.46 \pm 6.63$ ).

BMI in different groups

	Mild	Moderate	Severe	Normal	F	P
Mean	28.24	26.86	31.4	29.46	0.98	0.4
SD	7.6	5.2	7.2	6.63		

There was no significant difference between the four groups as regards BMI  $F = 0.98$ ,  $P = 0.4$ .



**Figure 3.** BMI distribution in patients with bronchial asthma and normal subjects. there was insignificant difference between the four groups

4) The mean values of total leukocytic count (T.L.C) and eosinophilic count in studied groups:-

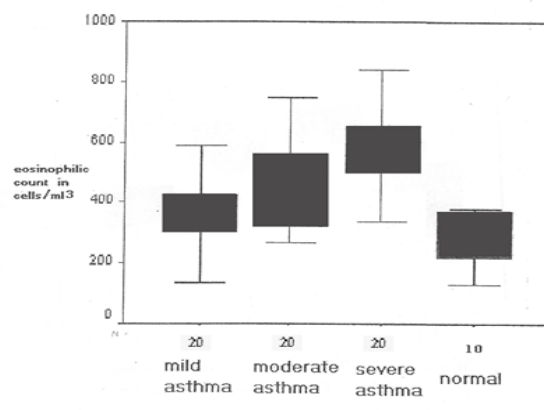
Studied groups	Cell count	Mean SD	
		T.L.C.	Eosinophils
			Count %
Mild (I)	6470 $\pm 1660$	350 $\pm 136$	5.2 $\pm 1.6$
Moderate (II)	6590 $\pm 1410$	480 $\pm 158$	6.9 $\pm 1.7$
Severe (III)	7422 $\pm 1500$	561 $\pm 144$	7.8 $\pm 1.4$
Control	6710 $\pm 135$	310 $\pm 160$	4.9 $\pm 2.1$
F	0.74	6.58	7.76
P	0.7	< 0.001	< 0.001

❖ There was insignificant difference between the mean values of T.L.C. in the studies groups.

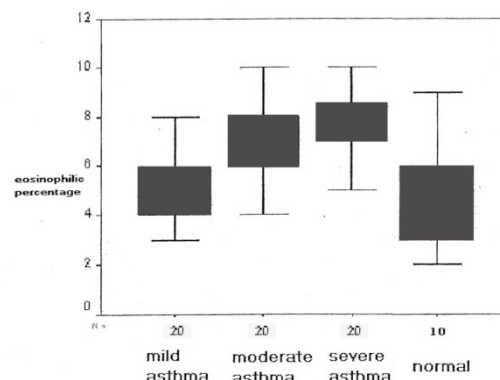
$F = 0.74$

$P = 0.7$

❖ While there was significant statistical difference between the mean values of the eosinophilic count in different groups,  $F = 6.58$   $P < 0.001$ .



**Figure 4.** Box plots showing the eosinophilic count in patients with bronchial asthma and normal subjects. There were significant differences between eosinophilic count in the different groups  $f=6.58$   $p < 0.001$



**Figure 5.** Box plots showing the eosinophilic percentage in patients with bronchial asthma and normal subjects. There were significant differences between eosinophilic count in the different groups  $f = 7.76$   $p < 0.001$

5) The mean values of pulmonary function tests (P.F.T.) in studied groups:-

Groups	P.F.T.	FEV1	FEV1 %	FVC	SVC	FEV1/ SVC
	Mean	SD ±	Mean	SD ±	Mean	SD ±
Mild (I)	3.18	0.88	93.10	11.83	4.14	1.03
Moderate (II)	2.44	0.59	71.10	6.51	3.51	0.98
Severe (III)	1.35	0.41	51.10	7.95	2.70	0.88
Control	2.96	0.92	94.10	4.22	3.92	1.003
F	25.01		56.91		9.61	9.07
P	<0.001		<0.001		<0.001	<0.001

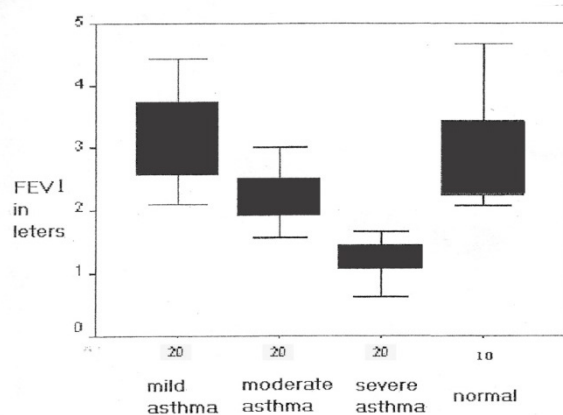
There were significant differences between the mean values of pulmonary function tests in the studied groups, where,

FEV1: F = 25.01 and P < 0.001, FEV1 %: F = 56.91 and P < 0.001

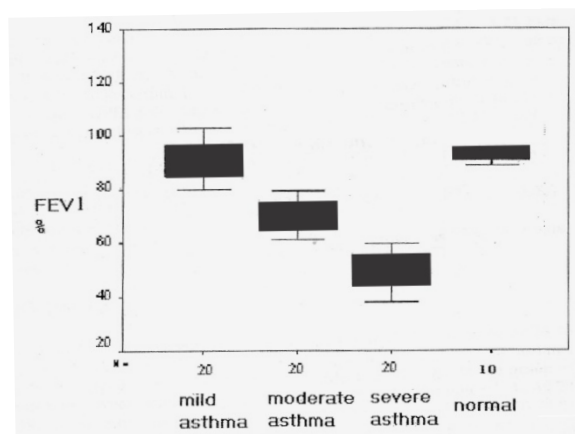
FVC: F = 9.61 and P < 0.001

SVC: F = 9.07 and P < 0.001

FEV1 / SVC: F = 41.02 P < 0.001



**Figure 6.** Box plots showing the FEV1 in patients with bronchial asthma and normal subjects. There were significant differences between eosinophilic count in the four groups  $f = 25.01$   $p < 0.001$



**Figure 7.** Box plots showing the FEV1% of predicted in patients with bronchial asthma and normal subjects. There were significant differences between eosinophilic count in the four groups  $f = 56.91$   $p < 0.001$

6) Control classification of patients with different grades of severity of bronchial asthma:-

Grades of Severity	Mild (I)	Moderate (II)	Severe (III)
Level of control			
Controlled	12	0	0
Partially controlled	5	8	0
Uncontrolled	3	12	20

Distribution of patients in this study according to the level of control as GINA guidelines.

7) The mean values of plasma lipoxin A4 levels (ng / ml) in studied groups:-

Groups	Mild (I)	Moderate (II)	Severe (III)	Control (IV)
Mean / SD				
Mean	1.006	0.677	0.351	0.231
SD ±	0.061	0.078	0.075	0.049
P	< 0.001			
F	349.01			

There was statistically significant progressive decrease in plasma LxA4 from mild to severe asthma groups.

P < 0.001 F = 349.01

8) Relation between LxA4 and severity of asthma:-

Groups	Mild (I)	Moderate (II)	Severe (III)	Control (IV)	F	P
Levels						
Minimum	0.92	0.54	0.25	0.12	349.10	<0.001
Maximum	1.21	0.81	0.46	0.32		

9) T-values of relation between LxA4 levels in studied groups:-

Groups	Mild (I)	Moderate (II)	Severe (III)	Control (IV)	P. value
T.values					
T1		0.29	0.59	0.7	0.001
T2			0.35	0.46	
T3				0.12	

❖ T1 (relation between group I and other groups)

❖ T2 (relation between group II and groups, (III and IV)

❖ T3 (relation between group III and group IV)

Which were significant with P values < 0.001

10) Relation between the mean values of LxA4 and control level of patient, groups:-

Groups Parameters	Controlled group	Partially controlled group	Uncontrolled group	F	P
Mean	1.05	0.79	0.49	18.7	<0.001
SD ±	0.039	±0.13	± 0.19		

From this table there was statistical significant decline in the mean values of LxA4 from controlled to uncontrolled asthmatic groups, (F= 18.7, P < 0.001)

11) T.values of relation between LxA4 levels and level of control in patients groups:-

Groups Parameters T.values	Controlled	Partial controlled	Uncontrolled
T1		1.6	0.46
P1		<0.001	0.003
T2			0.35
P2			0.1

T1 represent the relation between the control group and another two groups, which were 1.6 and 0.46 with P<sub>1</sub>.values, 0.001 and 0.003 in partially controlled and uncontrolled groups respectively.

While T2 represent the relation between partially controlled group and uncontrolled group which was 0.35, with P<sub>2</sub>.value 0.1 which non significant.

12) Lipoxin A4 and its relation to pulmonary function tests:-

Parameters R	(r)	(P)
FEV1	0.72	< 0.001
FEV1% of predicted	0.86	< 0.001
FVC	0.56	< 0.001
SVC	0.55	< 0.001
FEV1 / SVC	0.79	< 0.001

There was a significant positive relation between pulmonary function tests and LxA4 with P.< 0.001.

13) Statistical analysis of hsCRP between the studied groups:-

Groups hsCRP	I	II	III	IV
Mean:	32.22	46.81	61.29	3.22
SD: (±)	13.48	19.13	24.16	2.61
P.value	< 0.001			

P significantly <0.05

hsCRP showed a significant increase in patients groups when compared to control where the mean values were, 32.22 ± 13.48, 46.81 ± 19.13, and 61.29 ± 24.16 in groups I,II,III respectively while in control group was 3.22 ± 2.61 with P.value<0.001.

14) Correlation between LxA4 and hsCRP in the patients groups:-

Groups hsCRP	I	II	III
R	0.335	0.496	0.638
P	0.042	0.031	0.011

P. significantly < 0.05.

There was a negative correlation between LxA4 and hsCRP, where in group I,

(r = 0.335, P = 0.042), in group II, (r = 0.496, P = 0.033), and in group III, was

(r = 0.638, P = 0.011)

15) Distribution of patients groups with asthma in relation to GERD:-

Groups		I (mild)		II (moderate)		III (severe)	
Parameter		No	%	No	%	No	%
GERD	+ ve	3	15	7	35	15	75
	- ve	17	85	13	65	5	25

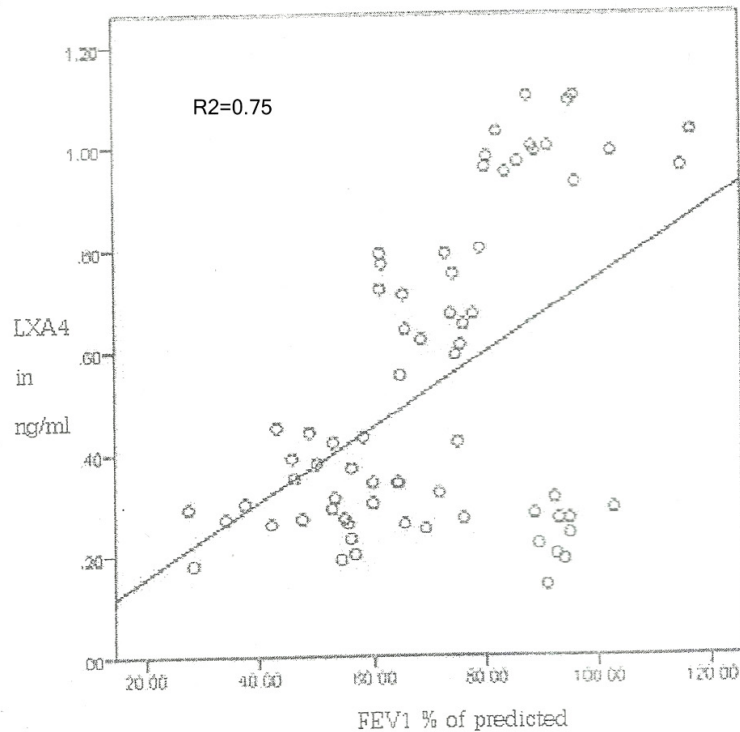
This table showed the percentage of positive cases with GERD in asthmatics as follow, 15% in group I, 35 % in group II, and 75 % in group III.

16) The mean values of LxA4 in patient's groups in relation to GERD:-

GERD LxA4	+ ve	- ve	P.value
Mean	0.411	1.621	0.002
± SD	0.071	0.092	

P. significant < 0.05.

This table Showed the significant changes in LxA4 between patients as regard to GERD (P=.002) where the mean value of LxA4 was 0.411 ± 0.071 in asthmatic patients with prominent severity of GERD, while the mean value of LxA4 was 1.621±0.092 in asthmatic patients without GERD.



**Figure 8.** Scatter plot describing the relation between plasma lipoxin A4 & FEV1% of predicted

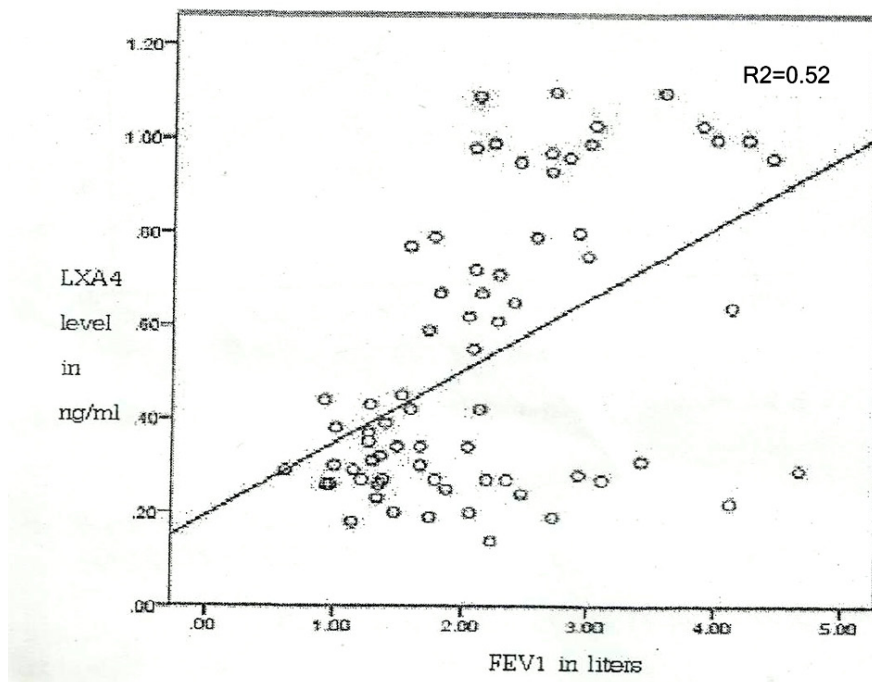
Linear regression analysis:

$$\text{Lipoxin A4} = 0.162 + 0.011 \times \text{FEV1\%} \quad \text{equation 1}$$

$$t = 11.381 \quad p < 0.001 \quad R^2 = 0.75$$

75% of the changes in the plasma level of lipoxin A4 can be predicted by knowing the value of FEV1% as  $R^2 = 0.75$  (figure 8)

## II - Relation of lipoxin A4 with pulmonary function tests:



**Figure 9.** Scatter plot describing the relation between plasma lipoxin A4 & FEV1

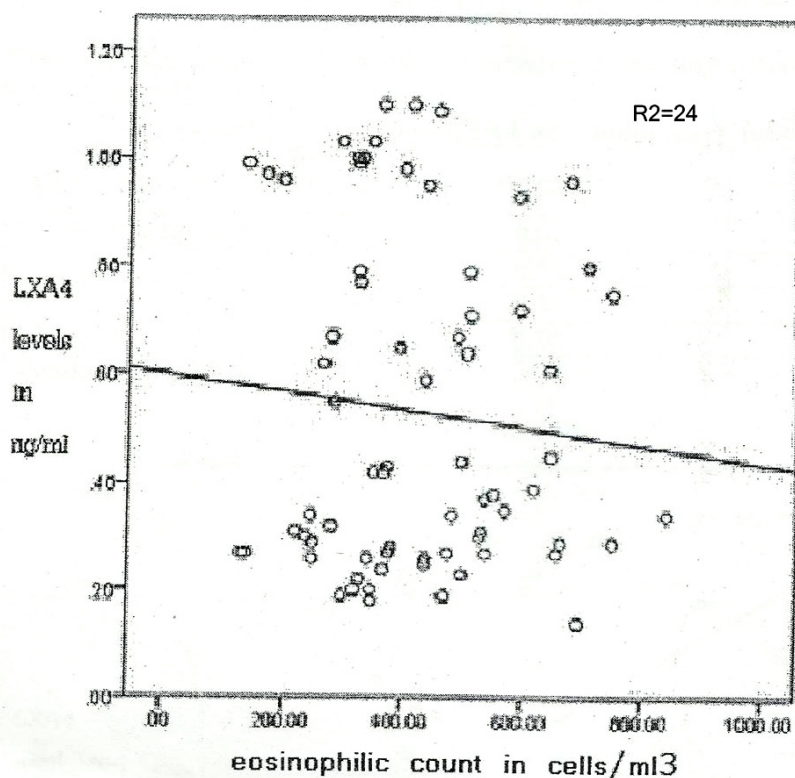
Linear regression analysis:

$$\text{Lipoxin A4} = 0.101 + 0.215 \times \text{FEV1}$$

equation 2

$$t = 7.166 \quad p < 0.001 \quad R^2 = 0.52$$

52% of the changes in the plasma level of lipoxin A4 can be predicted by knowing the value of FEV1 as  $R^2 = 0.52$  (fig 9)



**Figure 10.** Scatter plot describing the relation between plasma lipoxin A4 & eosinophilic count in peripheral blood

Linear regression analysis:

$$\text{Lipoxin A4} = 1.049 + 0.0007 \times \text{eosinophilic count}$$

equation 3

$$t = 3.489 \quad p = 0.001 \quad R^2 = 24$$

24% of the changes in the plasma level of lipoxin A4 can be predicted by knowing the value of eosinophilic count as  $R^2 = 24$  (fig 10)

## 4. Discussion

Inflammatory diseases of the lung and airways have significant medical and economic burden; bronchial asthma has the highest morbidity among the inflammatory lung diseases (5).

The resolution phase of an inflammatory response is an active and orchestrated process, similar in complexity to the onset and maintenance of inflammation (6).

Lipoxin A4 (LxA4) has a potent anti-inflammatory properties with cell type specific actions on leukocytes, endothelia, epithelia and other stromal cells (7).

The aim of this work was to clarify and assess the value of LxA4 and hs-CRP in asthmatic patients with and without gastro-esophageal reflux disease (GERD), and its correlation with the grades of severity and control. for this purpose, 60

patients having bronchial asthma of different severity ; classified into three groups ; group 1, (mild form), group 2 (moderate), and group 3, (severe form). 20 patients in each, 10 healthy subjects were served as a control.

In our study; there was increased level of LxA4 in asthmatic groups more than the control with  $P$ . value  $< 0.001$ , more-over, there was significant progressive decline of LxA4 from mild to severe form of asthma, where the mean values were  $1.006 \pm 0.061$ ,  $0.677 \pm 0.078$ , and  $0.351 \pm 0.075$ , in groups 1, 2 and 3 respectively with  $P < 0.001$  ; these results come in accordance with (6) where they decided that the patients with mild asthma phenotype are considered fighters, having capability of producing anti-inflammatory mediator LxA4 to counter-balance the pro-inflammatory ones, thus abating the inflammatory process, resulting in a mild form of asthma, while patients with severe asthma are weak fighter

seems incapable of achieving enough levels of LxA4 to resolve the inflammation, resulting in a severe asthma phenotype.

These findings reinforce the hypothesis of an imbalance regulation between pro-inflammatory and anti-inflammatory components involved in the pathogenesis of bronchial asthma (7). Also the mechanisms underlying pathological airway response in severe asthma phenotype include LxA4 biosynthetic enzymes and receptors.

Also, (8) and (9), where they found that samples of activated whole blood and supernatant induced sputum from individuals with severe asthma, generated significantly less LxA4 did samples from subjects with mild or moderate asthma.

In the present study, LxA4 showed statistically significant positive relation with pulmonary function tests, specially FEV1 and FEV1 % of predicted, where FEV1 was known to be directly related to the air-way characteristics. By using linear regression analysis, (Figure 1), (equation I) it was demonstrated that 75 % of the changes in the level of LxA4 can be predicted by knowing the value of FEV1% predicted as,  $R^2=0.75$ , and (Figure 2), (equation II) 52% of the changes in LxA4 level can be predicted by knowing the value of FEV1 as  $R^2=0.52$ , coinciding with the present study, (8) and (9). found that LxA4 level correlated positively with pulmonary function tests, suggesting a link between biosynthetic capacity of this bioactive lipid mediator and air-flow obstruction, specially in asthma patients, while, (10), who mentioned that the association between LxA4 and pulmonary function tests is significant only with FEV1 and not with other tests.

As regard to eosinophilic count in different groups, LxA4 showed a significant inverse relation with eosinophilic count and its percentage, by using linear regression analysis (Figure 3), (equation III) it was demonstrated that 24% of changes in LxA4 can be predicted by knowing the value of eosinophilic count as  $R^2=0.24$ .

This result comes in accordance with (7), who found that LxA4 is a natural pro-resolving mediator, significantly increased the natural killer cells-mediated eosinophil apoptosis and decreases air-way inflammation, so there was a negative correlation between eosinophilic count and LxA4 level in peripheral circulation in patients with asthma. In addition, these findings indicate that innate Lymphoid cells (ILCs) including natural killer (NK) cells can participate in regulation of allergic air way responses and ILCs are targets for LxA4 to decrease air-way inflammation and mediate the catabasis of eosinophilic response.

In another point, LxA4 levels were insignificantly different between patients with controlled and partially controlled asthma in the same group, while it was significant between controlled and uncontrolled patients in one group in comparison with other groups, this denoting that LxA4 related to grades of severity and not the control of asthma.

This findings coincide with (10), where they mentioned that the control classification of asthma is completely different from severity classification, where the severity may

change over months or years, where as control can be changed from week to another, so, the change of LxA4 in connected and related to degree of severity and not to the level of control of the same group.

As regard to hs-CRP, in this study, there was a negative correlation between LxA4 and hs.CRP levels in patients group; and this finding comes in accordance with (11), who found that hs.CRP is an acute phase protein, was increased gradually in asthmatic patients from mild to severe degrees and with deterioration of respiratory functions. These findings explore the relationship between blood eicosanoids (e.g. LxA4) and one of acute phase protein (hsCRP) and its pathogenic role in Bronchial Asthma.

In our study, the plasma LxA4 levels were significantly decreased in asthmatic patients with recurrent and manifested GERD symptoms specially in severe asthma phenotypes; this comes in accordance with (12), who showed that the administration of LxA4 to rats with gastritis that had been pre-treated with aspirin and rofecoxib significantly reduced the severity of gastric mucosal damage, denoting that LxA4 has a protective effect on gastro-esophageal mucosa, and abolishing the GERD symptoms.

Also, (13),(14), mentioned that the Bio-synthesis and mobilization of LxA4 decreased from epithelial and stromal cells in patients with severe asthma phenotype associated with GERD, hence the symptoms of reflux become more prominent than the other forms which may be due to the lack of protective mechanism of LxA4 on gastro-esophageal mucosa. Also, (15), mentioned that LxA4 known to resolve the injury by reducing the release of inflammatory cytokines specially interleukin 6 (IL6) and induce the proliferation of basal epithelial cells. In addition, LxA4 prevents acute inflammation by presenting the migration of neutrophils into the damaged area, hence, promotes restoration of damaged layers, and enhance the healing so LxA4 considered a protective agent specially in asthmatic patients with GERD.

In conclusion, insufficient generation of LxA4 and defective Lipoxin counter-regulation may be the reason for the asthmatic patients whose illness becomes more serious; also, there were negative correlations between LxA4 in one side and hs.CRP, eosinophilic count and severity of GERD in the other side.

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