

# Natural Radioactivity and Associated Dose Rates in Soil Samples of Malnichera Tea Garden in Sylhet District of Bangladesh

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**Abstract** The activity concentrations of naturally occurring radionuclides  $^{226}\text{Ra}$ ,  $^{232}\text{Th}$  and  $^{40}\text{K}$ , were measured by using a Broad Energy Ge (BEGe) detector for soil samples collected from the Malnichera tea garden in Sylhet district of Bangladesh. The average activity concentrations of  $^{226}\text{Ra}$ ,  $^{232}\text{Th}$  and  $^{40}\text{K}$  in soil samples were found to be  $55.284 \pm 4.68$ ,  $125.270 \pm 5.81$  and  $497.91 \pm 43.83$  Bqkg<sup>-1</sup>, respectively. The results obtained for the corresponding nuclides are slightly higher than the worldwide average values of 35, 30, and 400 Bqkg<sup>-1</sup>, respectively. The average outdoor absorbed dose and the annual effective dose rates due to  $^{226}\text{Ra}$ ,  $^{232}\text{Th}$  and  $^{40}\text{K}$  were observed to be  $124.12 \pm 7.59$  nGyh<sup>-1</sup> and  $152.22 \pm 9.31$  μSvy<sup>-1</sup>, respectively; which are above the world average. Whereas, the radium equivalent activity and external hazard indices are less than the world average values.

**Keywords** Activity Concentration, Absorbed Dose, Effective Dose, World Average Values

## 1. Introduction

The natural radioactivity in the environment is the main source of radiation exposure for human body. Natural radionuclide in soil contributes a significant amount of background radiation exposure to the population through inhalation and ingestion. The main contributors of radionuclides are  $^{226}\text{Ra}$ ,  $^{232}\text{Th}$  and  $^{40}\text{K}$ . Since these radionuclides in soils are not uniformly distributed and vary from region to region<sup>(1,2)</sup>. Therefore the knowledge of their distribution in soil and rock play an important role in radiation protection and measurement<sup>(3,4)</sup>. The radioactivity concentration of these nuclides above permissible level is very harmful to the human body. Therefore, measurements of natural radioactivity in soils and the radiation doses are of great interest to the researchers which have led the nationwide surveys throughout the world<sup>(5,6)</sup>. There have been many surveys to determine the background levels of radionuclides in soils which have been turned out to calculate the absorbed dose in air<sup>(4)</sup>.

The Sylhet district is a traditional tea growing area in Bangladesh. It has about 150 tea gardens, and nearly 300,000 workers are employed in the tea gardens. Bangladesh is earning a lot of foreign currencies by exporting tea in abroad.

Tea is a one kind of popular soft drinks. About 70% of the people in Bangladesh drink tea for refreshment. The Sylhet area is very near to Assam and Tripura of India. Some Uranium deposits were found in those States of India. The aim of the present work is to search the possibility of uranium deposition as ore and health risk assessment associated with Thorium and Potassium in the study area. This work was undertaken to measure the activity concentrations and γ- ray absorbed doses of the naturally occurring radionuclides ( $^{238}\text{U}$ ,  $^{232}\text{Th}$  and  $^{40}\text{K}$ ) in soil samples of Malnichera tea garden in Sylhet. Moreover, another aim of the present work is to create the public awareness about the radiation hazards and the workers those who are working in this tea garden. This study will also be helpful to establish a research base line in this area.

## 2. Methods and Materials

### 2.1. Study Area

Sylhet Division is the northeastern part of Bangladesh, named after its main city, Sylhet. It is bounded by Meghalaya State of India on the north, Tripura State on the south, Assam State of India on the east and Dhaka division on the west and Chittagong division on the southwest. The area around Sylhet is a traditional tea growing area. The Malnichera tea garden is situated in Sylhet sadar district which is nearly 3 Km northern side from the main Sylhet town. A map of Sylhet sadar and the location of this tea garden is shown in Fig. 1.

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### 2.5. Activity Concentrations of Soil Samples

The radioactivity of each sample was measured using the calibrated high purity Germanium (HpGe) Detector of energy resolution of 2.0 KeV at 1.33 MeV of  $^{60}\text{Co}$ . for a period of 10,000 s. Keeping the samples one by one on the top of the detector and counted for a period of 10,000 s. The activity concentration (A) of each radionuclide in the sample was determined by using the net count rates ( $N_c$ ) after subtracting the background counts from the gross counts for the same counting time under the selected photo peaks, weight of the sample, the photopeak efficiency and the gamma intensity at a specific energy as:

$$A = (N_c \times 1000) / (\epsilon \times I_\gamma \times W) \quad (2)$$

Where, A = Activity concentration of the sample in Bq/Kg

Net count rate,  $N_c$  = Gross counts per second from the samples - background counts per second

$\epsilon$  = Efficiency of the detector for the specific energy.

$I_\gamma$  = Intensity of the gamma ray.

W = Sample weight in gm.

For the analysis of peak areas of gamma spectra, a Computer software programming (GENE 2000) was used.

### 2.6. Absorbed Dose Rates

The external outdoor absorbed gamma dose rates due to terrestrial  $\gamma$ - rays from the nuclides  $^{226}\text{Ra}$ ,  $^{232}\text{Th}$  and  $^{40}\text{K}$  at 1 m above the ground level was calculated as (UNSCEAR 2000)<sup>(9)</sup>

$$D = (0.0414 C_K + 0.623 C_{Th} + 0.461 C_{Ra}) \text{ nGy h}^{-1} \quad (3)$$

Where,  $C_K$ ,  $C_{Th}$ ,  $C_{Ra}$  are the average activity concentrations of  $^{40}\text{K}$ ,  $^{232}\text{Th}$  and  $^{226}\text{Ra}$ . About 98% of the external  $\gamma$  dose rate from  $^{238}\text{U}$  series is delivered by the  $^{226}\text{Ra}$  sub series. So disequilibrium, between  $^{226}\text{Ra}$  and  $^{238}\text{U}$  will not affect the results of dose calculations from the measurement of  $^{226}\text{Ra}$ .

### 2.7. Annual Effective Dose Rates

The absorbed dose rate was converted into annual effective dose equivalent by using a conversion factor of 0.7 Sv Gy<sup>-1</sup> recommended by the UNSCEAR<sup>(9)</sup> and 0.2 for the outdoor occupancy factor by considering that the people on the average, spent ~ 20% of their time in outdoors<sup>(8)</sup>. The Effective dose due to natural activity in the soil was calculated by:

$$\text{Effective dose, } E = \text{Dose rate, } D (\text{nGy h}^{-1}) \times 8760 (\text{h y}^{-1}) \times 0.2 \times 0.7 \text{ Sv Gy}^{-1} \times 10^3 \quad (4)$$

### 2.8. Radium Equivalent Activity

Radionuclides of  $^{226}\text{Ra}$ ,  $^{232}\text{Th}$  and  $^{40}\text{K}$  are not homogeneously distributed in soil. The inhomogeneous distribution from these naturally occurring radionuclides is due to disequilibrium between  $^{226}\text{Ra}$  and its decay products. For uniformity in exposure estimates, the radionuclide

concentrations have been defined in terms of radium equivalent activity ( $Ra_{eq}$ ) in Bq kg<sup>-1</sup>. This allows comparison of the specific activity of materials containing different amounts of  $^{226}\text{Ra}$ ,  $^{232}\text{Th}$  and  $^{40}\text{K}$  according to Beretka and Mathew<sup>(10)</sup> as follows.

$$Ra_{eq} = C_{Ra} + 1.43 C_{Th} + 0.077 C_K \quad (5)$$

Where,  $C_{Ra}$ ,  $C_{Th}$  and  $C_K$  are the activity concentrations of  $^{226}\text{Ra}$ ,  $^{232}\text{Th}$  and  $^{40}\text{K}$  in Bq kg<sup>-1</sup>, respectively.

### 2.9. External Hazard Index

The external hazard index ( $H_{ex}$ ) is the indoor radiation dose rate due to the external exposure to gamma radiation in construction materials of dwellings which was calculated by<sup>(11)</sup>:

$$H_{ex} = \frac{C_{Ra}}{370} + \frac{C_{Th}}{259} + \frac{C_K}{4810} \quad (6)$$

Where,  $C_{Ra}$ ,  $C_{Th}$  and  $C_K$  are the specific activities of  $^{226}\text{Ra}$ ,  $^{232}\text{Th}$  and  $^{40}\text{K}$  in Bq.kg<sup>-1</sup>, respectively. This index value must be less than unity to the radiation hazard insignificant i.e; the area is safe to the human for living.

### 2.10. The Ratio of $^{226}\text{R}/^{228}\text{R}$

The ratio of  $^{226}\text{R}/^{228}\text{R}$  concentration activities is less than 1 because the concentration activity of  $^{226}\text{Ra}$  in soil is less than the concentration of  $^{228}\text{Ra}$ . In other word, the concentration of uranium in soil is less than thorium, since uranium and thorium are the parents of  $^{226}\text{Ra}$  and  $^{228}\text{Ra}$ , respectively. The range of this ratio is obtained 0.356- 0.586.

## 3. Results and Discussion

In the present study of soil samples at Malnichara tea garden in Sylhet district of Bangladesh, the results can be summarized as:

- Activity concentrations, and
- Radiological indices.

### 3.1. Activity Concentrations in Soil Samples

Activity concentrations for nuclides  $^{226}\text{Ra}$ ,  $^{232}\text{Th}$ ,  $^{40}\text{K}$  and  $^{137}\text{Cs}$  in Malnichara tea garden soil samples were determined by equation (2) and the results for the same have been shown in Table 1 with the uncertainty of 1 $\sigma$  level. Here, the table shows that the highest value is found for sample 7A. The highest value of the nuclide may vary from place to place and this variation may be due to the chemical changes of the constituent elements of soils. Moreover, it is also possible due to the excess use of agricultural fertilizers and pesticides. All the associated errors were added in quadrature in order to obtain the total uncertainty. The results for the nuclides ( $^{226}\text{Ra}$ ,  $^{232}\text{Th}$  and  $^{40}\text{K}$ ) are also shown independently through Fig. 2, 3 & 4, respectively.

### 3.2. $^{226}\text{Ra}$ Activity

In soil samples, the activity concentrations of  $^{226}\text{Ra}$  were found in the range of 23.91 $\pm$ 4.19 – 143.70 $\pm$ 7.38 Bq/kg, with

an average value of  $55.25 \pm 4.68$  Bq/kg. This result is higher than the worldwide average value of 35 Bq/kg (shown by the dotted line) for the same radionuclide in soils reported by UNSCEAR<sup>(9)</sup>

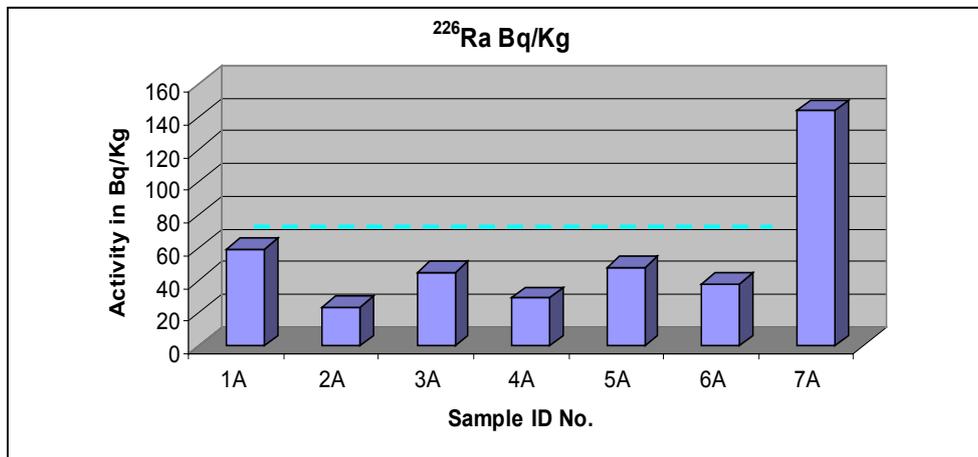
**3.3. <sup>232</sup>Th Activity**

The activity concentration of <sup>232</sup>T is found in the range of  $53.25 \pm 4.80 - 369.60 \pm 10.52$  Bq/kg with mean value  $125.27 \pm 5.81$  Bq/kg. This result is also higher than the world average of 30 Bq/kg<sup>(9)</sup> (shown by the dotted line).

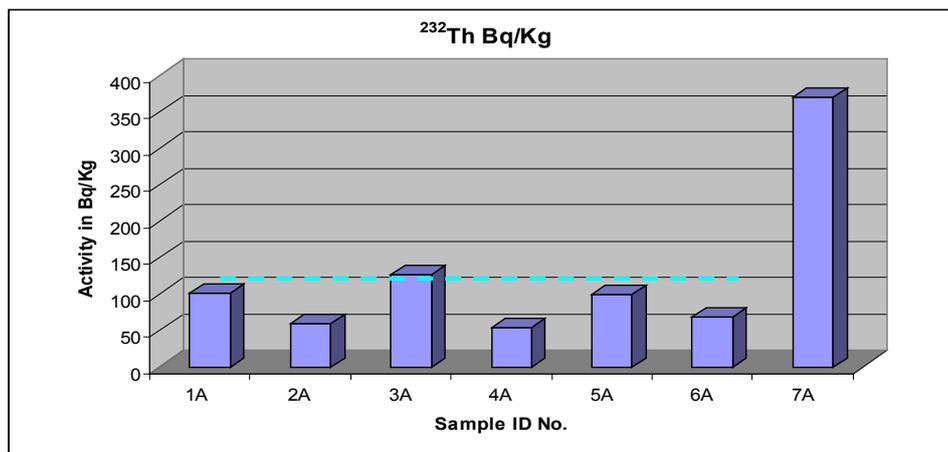
**Table 1.** Activity concentrations (in Bq/kg) in soil samples

Sample ID	<sup>226</sup> Ra Bq/kg	<sup>232</sup> Th Bq/kg	<sup>40</sup> K Bq/kg	<sup>137</sup> Cs Bq/kg
1A	58.98 ±4.16	100.71 ± 4.39	544.43 ±39.72	ND*
2A	23.91 ±4.20	58.76 ± 4.89	593.03 ±51.53	17.32 ±1.17
3A	45.07 ±4.47	126.56 ± 6.25	471.61 ±42.65	ND*
4A	29.24 ±4.19	53.25 ± 4.81	576.35±48.22	ND*
5A	48.09 ±4.79	99.14 ± 5.64	369.35±43.56	ND*
6A	37.73 ±3.34	68.87 ±3.49	442.39±34.57	ND*
7A	143.70 ±7.38	369.61 ± 10.52	461.23±46.54	ND*
Average	55.25 ±4.68	125.27± 5.81	497.91±43.83	17.32±1.17
Range	23.91±4.19- 143.70±7.38	53.25±4.80- 369.60±10.52	369.35±43.56- 593.02±51.52	17.32±1.17

ND\* = Not detected



**Figure 2.** Distribution of <sup>226</sup>Ra in soil samples



**Figure 3.** Distribution of <sup>232</sup>Th in soil samples

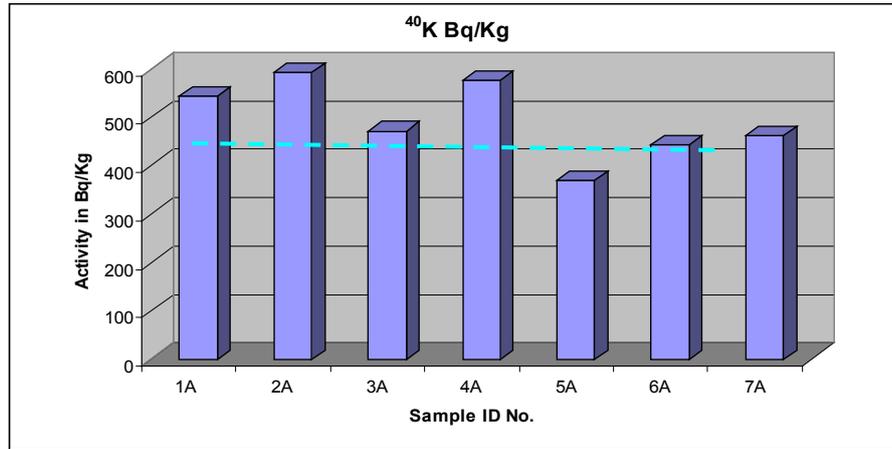


Figure 4. Distribution of  $^{40}\text{K}$  in soil samples

Table 2. The ratio  $^{226}\text{Ra}/^{228}\text{Ra}$ , Radium equivalent activity, Absorbed dose rate, Effective dose rate and External hazard index

Sample ID	$^{226}\text{Ra}/^{228}\text{Ra}$	$\text{Ra}_{\text{eq}}$ activity (Bq/kg)	Absorbed dose rate, D (nGy/h)	Effective dose rate, E ( $\mu\text{Sv}/\text{y}$ )	External hazard index ( $H_{\text{ex}}$ )
1A	0.586	241.10 $\pm$ 14.19	112.47 $\pm$ 6.72	137.93 $\pm$ 7.72	0.661
2A	0.406	149.45 $\pm$ 14.79	72.18 $\pm$ 7.11	88.52 $\pm$ 8.72	0.415
3A	0.356	259.06 $\pm$ 16.39	119.15 $\pm$ 7.72	146.12 $\pm$ 9.46	0.708
4A	0.549	145.74 $\pm$ 14.68	70.52 $\pm$ 7.03	86.48 $\pm$ 8.63	0.404
5A	0.485	215.71 $\pm$ 15.91	100.34 $\pm$ 7.53	121.69 $\pm$ 9.23	0.589
6A	0.547	167.18 $\pm$ 10.75	78.61 $\pm$ 5.15	96.41 $\pm$ 6.31	0.460
7A	0.388	704.53 $\pm$ 25.68	315.61 $\pm$ 11.88	387.06 $\pm$ 14.57	0.968
Average	0.441	269.24 $\pm$ 16.06	124.12 $\pm$ 7.59	152.23 $\pm$ 9.31	0.601
Range	0.356-0.586	145.74 $\pm$ 14.68-704.53 $\pm$ 25.68	70.52 $\pm$ 7.03-315.60 $\pm$ 11.88	86.48 $\pm$ 8.62-387.06 $\pm$ 14.57	0.404-0.968

### 3.4. $^{40}\text{K}$ Activity

The activity of  $^{40}\text{K}$  is found in the range 369.35 $\pm$ 43.56 – 593.02 $\pm$ 51.52 Bq/kg with an average value of 497.91 $\pm$ 43.83 Bq/kg. This result is also slightly higher than the worldwide average of 400Bq/kg (dotted line) for the same kind of nuclide <sup>(5)</sup>

### 3.5. $^{137}\text{Cs}$ Activity

The concentration of  $^{137}\text{Cs}$  is found to be 17.32 $\pm$ 1.17 Bq/Kg in the soil sample 2A. In other soil samples, the concentrations of  $^{137}\text{Cs}$  are not detectable.

### 3.6. Radiological Indices

In order to assess the health effects, the radiation hazards such as absorbed dose rate (D), effective dose rates (E), radium equivalent activity ( $\text{Ra}_{\text{eq}}$ ), and external hazard index ( $H_{\text{ex}}$ ) have been calculated from the activity of nuclides  $^{226}\text{Ra}$ ,  $^{232}\text{Th}$ ,  $^{40}\text{K}$  using the equations (3), (4), (5) and (6), respectively and the values have shown in Table 2.

From Table 2, it shows that the radium equivalents activity ( $\text{Ra}_{\text{eq}}$ ) is found in the range of 145.74 $\pm$  14.68 – 704.53  $\pm$  25.68 Bq / kg, an average value of 269.24  $\pm$  16.06. The average value of the radium equivalent is less than the safe

limits as recommended by the organization for Economic cooperation and development (ECD)<sup>(6)</sup>. Any  $\text{Ra}_{\text{eq}}$  Concentration value that exceeds 370 Bq / kg may pose radiation hazards

The outdoor air absorbed dose rate due to terrestrial gamma rays at 1m above the ground were calculated for  $^{226}\text{Ra}$ ,  $^{232}\text{Th}$  and  $^{40}\text{K}$  and the range is 70.52 $\pm$ 7.03 – 315.60 $\pm$ 11.88 nGyh<sup>-1</sup> with an average of 124.12 $\pm$ 7.59 nGyh<sup>-1</sup> which is higher than the world average value of 60 nGyh<sup>-1</sup><sup>(5)</sup>.

The annual effective dose rate equivalent is calculated using a conversion factor of 07 SvGy<sup>-1</sup> to convert the absorbed dose rate to the effective dose equivalent and 0.2 for the outdoor occupancy factor. The annual effective dose rates are found in the range of 86.48 $\pm$ 8.62 – 387.06 $\pm$ 14.57  $\mu\text{Sv}/\text{y}$  with an average value is 152.23 $\pm$ 9.31  $\mu\text{Sv}/\text{y}$ , which is also higher than the world average of 80  $\mu\text{Sv}/\text{y}$ . Indoor dose rates were not evaluated because the essential data on the average build-up of radon gas in the indoor atmosphere were not available.

The mean value of external radiation hazard index is 0.60 which is less than 1, and confirms that it is safe to carry out the activities for the human in that area. The ratio of  $^{226}\text{R}/^{228}\text{R}$  concentration activities is less than 1 because the

concentration activity of  $^{226}\text{Ra}$  in soil is less than the concentration of  $^{228}\text{Ra}$ . In other words, the concentration of uranium in soil is less than thorium, since uranium and thorium are the parents of  $^{226}\text{Ra}$  and  $^{228}\text{Ra}$ , respectively. The range of this ratio is obtained 0.356- 0.586.

#### 4. Conclusions

In the present study, the results indicate that the natural radioactivity concentration of  $^{226}\text{Ra}$  is relatively lower than that of  $^{232}\text{Th}$  and  $^{40}\text{K}$  at the vicinity of Malnichera tea garden in Sylhet district of Bangladesh. The values of mean absorbed dose rate, annual effective dose rate and the radium equivalent activity were higher than the global average values; whereas the external hazard index is less than unity which indicates that the area is no threat of exposure for the population..

Previously, no works on the tea garden for radioactivity measurement of the soil samples in Sylhet division was carried out. Therefore, this work can be used as a baseline data for further research work.

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