

Candidate Biomarkers and CSF Profiles for Alzheimer's Disease and CADASIL

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Abstract The differential diagnosis between Alzheimer's disease (AD) and vascular dementia (VaD) are still roughly problematic in clinical practice, despite the widely used diagnostic criteria to differentiate between the two disorders. There is an increasing evidence that cerebrovascular dysfunction plays a role not only in vascular causes of cognitive alterations but also in AD. Cognitively patients, with AD, show sometimes mixed degrees of associated vascular lesions in 30-60% of AD cases. In opposition, AD pathology may be present in 40%-80% of VaD patients, thus impeding diagnosis accuracy. Therefore, to eliminate this bewilderment and discrepancies in the diagnosis between the AD and VaD, it is worthy to shed light firstly on a disease that is a microangiopathy and represents VaD with clear milestones and features as is the case of cerebral autosomal dominant arteriopathy with subcortical infarcts and leukoencephalopathy (CADASIL). Studying CADASIL CSF biomarkers profile, will help in the differential diagnosis between both diseases sharing the coexisting neurodegeneration, furthermore, CADASIL is a dominantly inherited mid-adult life disorder causing ischemic strokes, which belongs to vasculopathies and symbolizes a genuine prototype of VaD that provides a valuable opportunity for studying its CSF biomarkers. Secondly, examining and evaluating the CSF biomarkers of AD compared to that of CADASIL. The pathogenesis similarities between CADASIL and early onset AD affecting the small vessels of the brain have suggested plausible molecular mechanisms involved in vascular damage and their impact on brain function and also come from the fact that in both diseases genetic mutations occur. CADASIL mutations in NOTCH3 gene generate toxic protein aggregates (Granular Osmiophilic Material- GOM) in the vicinity of vascular smooth muscle cells (VSMCs) causing degeneration and loss of VSMCs in small arteries and arterioles of white matter regions of the brain that lead to dementia, similar to those attributed to mutant forms of the Amyloid Precursor proteins (APP) and presenilins genes who cause overproduction and accumulations of the toxic A β 42 protein in the brain and collapse of A β 42 clearance mechanisms in AD. Despite the presumed pathological similarities, substantial differences between the two phenomena may exist especially in the CSF neurochemical phenotypes. To examine this aspect, which may help in the differential diagnosis, we carried out this review.

Keywords Biomarkers, CSF, A β , Tau, Vascular dementia, Alzheimer's diseases, CADASIL

1. Introduction

Alzheimer's disease (AD) is an insidious neurodegenerative disease and a genetically heterogeneous disorder causing dementia in elderly and leading to a massive burden on AD individuals, their families, and on social and health care systems [1].

Its diagnosis is subjective, definite AD can only be diagnosed after pathological brain specimens are examined by either biopsy or autopsy, and it covers 50-60% of all

dementia cases. It is estimated that, by 2050, the number of people aged 80 years or older will approach 370 million worldwide and that 50 percent of those aged 85 years or older will be affected with AD [2].

Causes of the disease are multifactorial; where genetics and environmental risk factors work in harmony to cause the disease [3, 4]. Neuropathological features of AD depends on finding extracellular deposits of β -amyloid peptides (A β) that lead to senile plaque formation and intracellular neurofibrillary tangles of hyperphosphorylated tau (p-tau), and total tau protein (t-tau). Which all together represent well accepted biomarkers of AD [5, 6, 7]. However, increasing evidence has suggested that vascular pathology plays a critical role in AD pathogenesis as well [8].

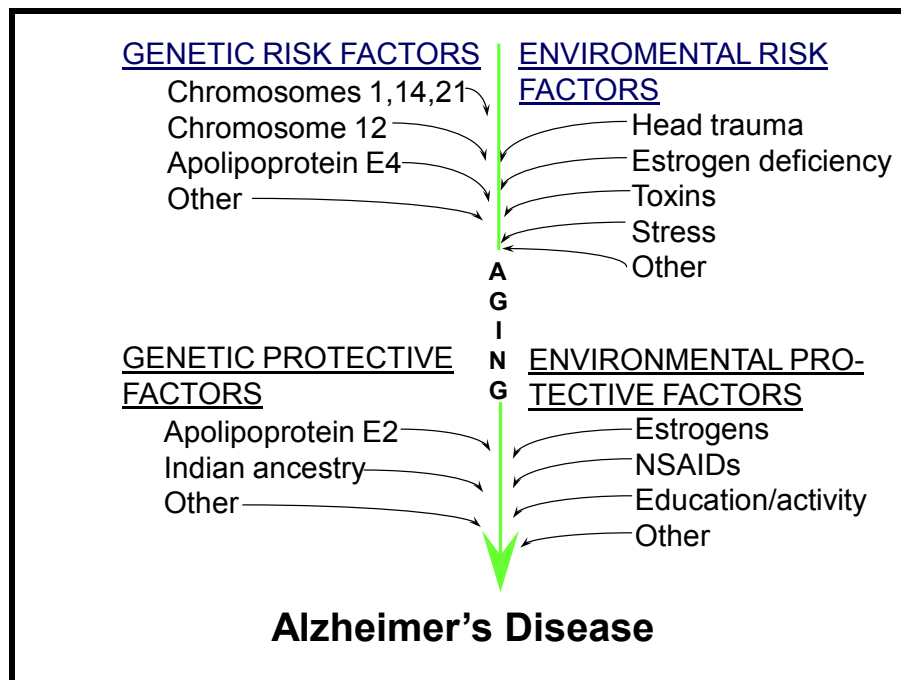
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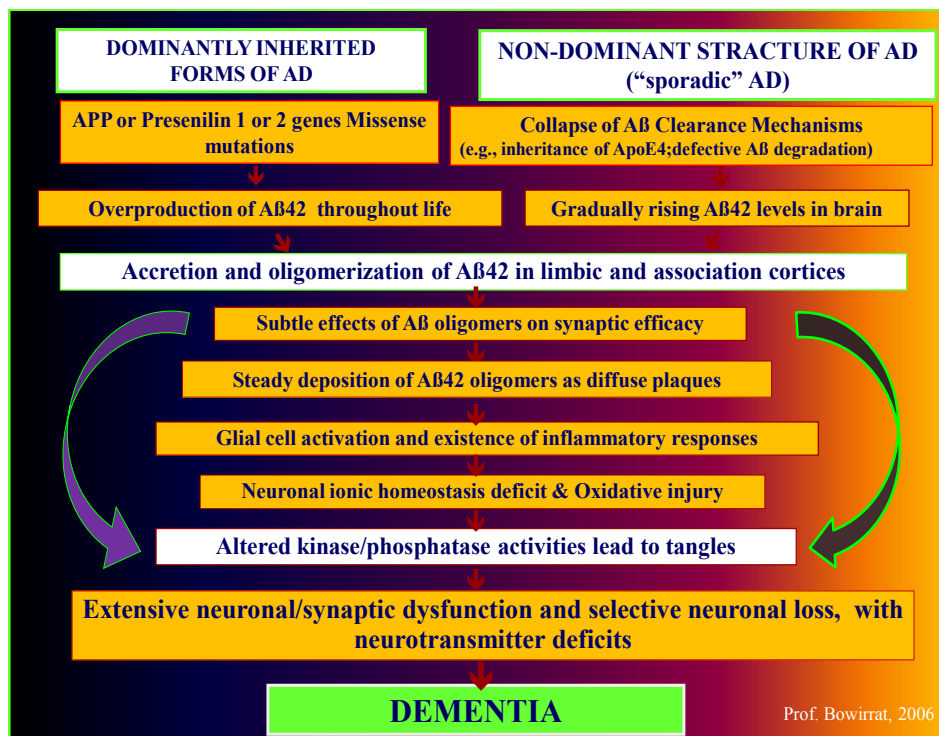
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Risk factors and protective factors for Alzheimer's disease



The mechanism of Alzheimer's pathology

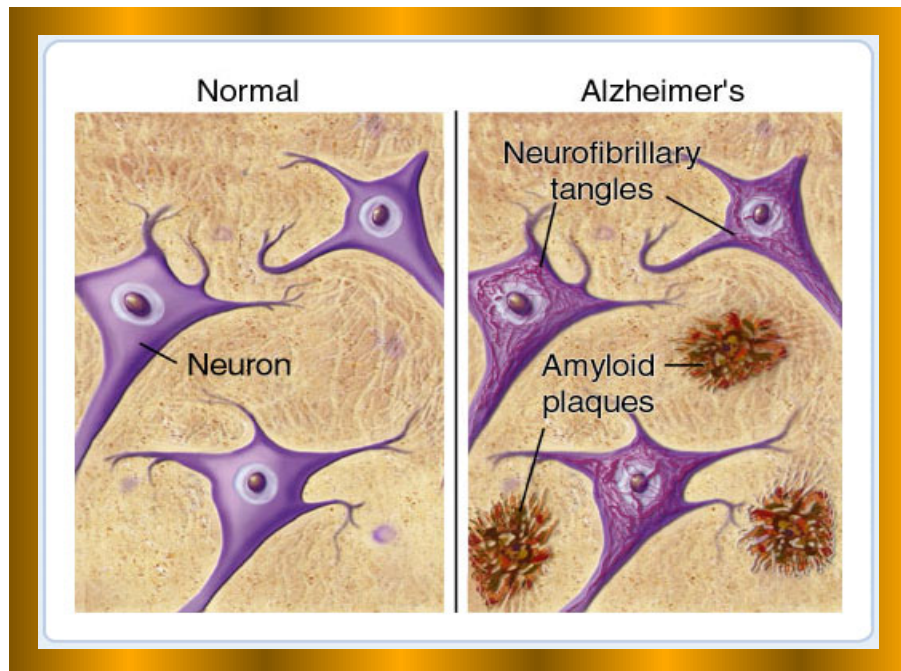


Importantly, the manifestation of ischemic and neurodegenerative pathology was found to have a profound influence on the appearance of dementia, suggesting reciprocal interactions between ischemia and neurodegeneration. Indeed, another entity, called vascular dementia (VaD), comprises a less defined group of dementia patients having various vascular diseases that especially emerge in the elderly population and require valid options for examination and differential diagnosis [9].

The differential diagnosis between AD (the most common and perhaps best known cause of Dementia) and VaD (The

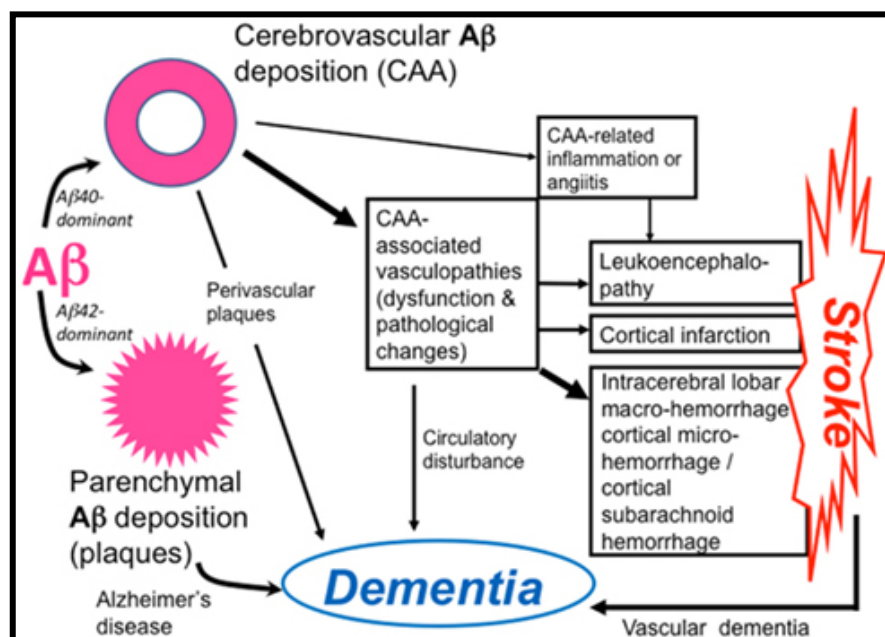
second common cause of dementia after Alzheimer's dementia) are still roughly problematic in clinical practice, despite the widely used diagnostic criteria to differentiate between the two disorders [10].

Comparison between Normal and abnormal neuron cells in AD.



There is an increasing evidence that cerebrovascular dysfunction plays a role not only in vascular causes of cognitive alterations but also in AD [11, 12, 13, 14]. Cognitively patients, with AD, show sometimes mixed degrees of associated vascular lesions in 30-60% of AD cases. In opposition, AD pathology may be present in 40%-80% of VaD patients, thus impeding diagnosis accuracy [15, 16, 17]. Therefore, to eliminate this bewilderment and discrepancies in the diagnosis between the AD and VaD, it is worthy to shed light firstly on a disease that is a microangiopathy and represents VaD with clear milestones and features as is the case of cerebral autosomal dominant arteriopathy with subcortical infarcts and leukoencephalopathy (CADASIL).

Pathophysiology of cerebral amyloid angiopathy (CAA)-related disorders. $A\beta$ shows parenchymal or vascular deposition, depending on dominance of $A\beta 42$ or $A\beta 40$, respectively, in elderly individuals and patients with Alzheimer's disease (AD). Cerebrovascular amyloid deposition, CAA, is related to stroke and dementia.



Studying CADASIL CSF biomarkers profile, will help in the differential diagnosis between both diseases sharing the coexisting neurodegeneration, furthermore, CADASIL is a dominantly inherited mid-adult life neurodegenerative disease, which belongs to vasculopathies and symbolizes a genuine prototype of VaD that provides a valuable opportunity for studying its CSF biomarkers. Secondly, examining and evaluating the CSF biomarkers of AD compared to that of CADASIL [18, 19, 20]. The pathogenesis similarities between CADASIL and early onset AD come from the fact that in both diseases genetic mutations occur in early adulthood [21, 22, 23]. CADASIL mutations in NOTCH3 gene generate toxic protein aggregates (Granular Osmiophilic Material-GOM) in the vicinity of vascular smooth muscle cells (VSMCs) causing degeneration and loss of VSMCs in small arteries and arterioles of white matter regions of the brain [24, 25, 26]. The deposition and discrepancy of clearance of the neurotoxic GOM lead to neurodegenerative subcortical dementia, similar to those attributed to mutant forms of the Amyloid Precursor Proteins (APP) and presenilins genes which cause overproduction and accumulations of the toxic A β 42 protein in the brain and collapse of A β 42 clearance mechanisms which lead to neurodegenerative cortical dementia (AD). Despite the presumed pathological similarities, substantial differences between the two phenomena may exist especially in the CSF neurochemical phenotypes [27]. Our advance knowledge of the underlying molecular pathology has set the stage for clinically meaningful advances in the development of biomarkers. The discovery of novel diagnostic methods based on biochemical and imaging biomarkers of disease specific pathology increase the capability to supply efficient measures of natural history, biological activity and markers of surrogate endpoints. Markers of biological activity should be also evaluated regarding their value to reflect disease progression, heterogeneity of the clinical population, for early decision making and characterization of new treatments [28]. On this basis we reviewed the body of literature that has examined CSF total tau (t-tau), β -amyloid protein 1-42, and phosphorylated tau (p-tau) as diagnostic tests for AD and, for a genuine prototype of VaD (CADASIL) that provide a unique opportunity for studying their CSF biomarkers.

2. Overview of Biomarkers Properties

Access to molecular and biochemical markers of neurodegenerative diseases would complement clinical approaches, and further the goals of early and accurate

diagnosis. Hence, the importance of the biological markers studies which are quantitative measurements that provide information about: intrinsic biological processes, a disease circumstances and risk of developing an illness (antecedent biomarkers); assist in diagnosing disease (diagnostic biomarkers); response to treatment (prognostic biomarkers), providing much-needed insight into preclinical and clinical data, all of these are still valid procedures for early detection of diseases [29].

Detection of the subject's susceptibility to the disease prior to appearance of prodromal signs, and detection of neural dysfunction before irreversible cellular damage, will be tremendously valuable for developing; prevention and intervention strategies and early treatments. From here stems the truthfulness and reliability of biomarker to distinguish between normal and interested disease [30].

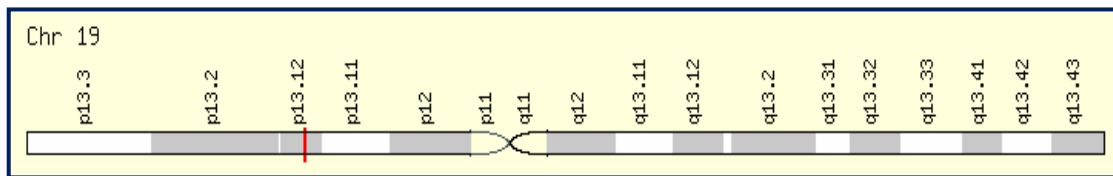
In fact, biomarkers are set of factors used to measure anatomic, physiologic, biochemical, pharmacological, or molecular parameters associated with the presence and severity of particular disease states or processes in humans and animals [31, 32].

These characteristics are objectively measured and carefully evaluated as indicators of normal biologic or pathogenic processes or pharmacological responses to a therapeutic intervention. Actually, define biomarker panels comprehensively to quantify risk, assess prognosis, and determine response to therapy [33]. Years ago, biomarkers were primarily **physiological** indicators such as **blood pressure** or **heart rate**. More recently, biomarker is becoming an important tool in different disciplines such as in field of oncology, immunology, cardiovascular diseases and metabolic diseases [34]. Synonym for molecular biomarker, such as elevated **prostate specific antigen** (PSA) as a molecular biomarker for **prostate cancer**, or using **enzyme assays** as **liver function tests** [35].

Biomarkers also cover the use of molecular indicators of environmental exposure in **epidemiologic studies** such as **human papilloma virus** (HPV) or certain markers of tobacco exposure such as 4 - (methylnitrosamino) - 1-(3-pyridyl)-1-butanone (NNK) which is a nitrosamine present in tobacco that is a potent procarcinogen. It is activated by **CYP2A6**, and plays a role as a **biomarker** of exposure to cigarette smoke, produced upon the **curing of tobacco** [36, 37]. Also, Genomic biomarkers have principal role in investigation diseases; such as Apolipoproteine Epsilon-4 allele (APOE- ϵ 4) for AD, and HLA for looking for narcolepsy, CD19, Sialophorin, CD11 integrin cluster, and IL-4 receptor – for Crohn's disease. Other methods and assays are used like; Serum or Spinal fluid substance, Neuroimaging and Physiologic parameters [38, 39, 40, 41].

A. Overview of the CSF Biomarkers for AD and CADASIL.

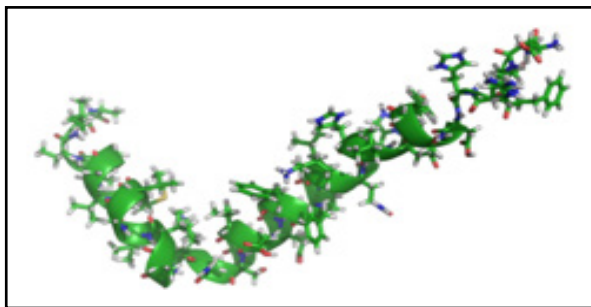
A. CADASIL Gene located at Chromosome 19p13.2



Plethora of biomarkers has been evaluated for AD. According to the literature more than 25 potential biomarkers for AD had previously been identified and new ones are still under investigation [42].

The CSF is the direct target because of its straight contact with the extracellular space of the brain where many biochemical processes in the brain take place and are reflected in the CSF. Since AD pathology is mainly restricted to the brain, CSF is an obvious source and justified biomarkers for AD. Indeed, early biomarker discovery efforts for AD is based on immunoassays to detect and measure pathophysiological molecules of AD, such as Cerebrospinal fluid-derived β -amyloid protein 1-42, total tau protein, and phosphorylated tau (181,199,231) protein [43]. These CSF classical biomarkers reflect the neuropathological changes taking place in AD brains, thus disclosing the disease in its prodromal phase. However, it has been demonstrated that variations in the levels of these biomarkers in the CSF also appear in different degrees in other neurological diseases such as stroke, VaD and CADASIL. With the aim to investigate the usefulness of these biomarkers in the differential diagnosis between the various pathologies mentioned above and to evaluate the power of each biomarker and/or their combination in predicting different diseases progression, we have compared the levels of these CSF biomarkers in AD, VaD and CADASIL.

B. Amyloid β ($A\beta$)



Although the production pathways and the absolute function of A β in the brain still vague, its presence as a main component of senile plaques is unambiguous. A β is created by a cluster of peptides formed by proteolytic cleavage of the

type I transmembrane straddling glucoprotein amyloid precursor protein (APP, OMIM 104760, chromosome 21q21) through sequential cleavages by BACE1 (The major β -secretase in the brain) and γ -secretase complex. The γ secretase, which produces the C-terminal end of the A β peptide, cleaves within the transmembrane region of APP and can generate a number of isoforms of 36-43 amino acid residues in length. The most common isoforms are A β_{40} and A β_{42} ; the longer form is typically produced by cleavage that occurs in the endoplasmic reticulum, while the shorter form is produced by cleavage in the trans-Golgi network-“amyloidogenic pathway” [44]. Missense mutations in the genes of APP and presenilins (*PSEN1*, OMIM 104311, chromosome 14q24.3) and presenilin 2 (*PSEN2*, OMIM 600759, chromosome 1q31-q42) genes that are located on chromosomes 21, 14, and 1, respectively share the common feature of altering the γ -secretase cleavage of APP to increase the production of the amyloidogenic A β_{42} , the primary component of amyloid plaques in both familial and sporadic AD [45, 46]. Paradoxically, “non-amyloidogenic pathway”, APP is first cleaved by the α -secretase, members of the ADAM (a disintegrin and metalloprotease) family of zinc metalloproteases, within the A β sequence thus precluding production of intact A β peptides [47].

The peptides, particularly A β_{1-42} , are aggregation prone, self-assembling to form a heterogeneous mixture of soluble oligomers, protofibrils and fibrils. Only levels of the soluble, fibrillar oligomers were found to be elevated significantly in AD brains, where their levels correlate strongly with AD onset-severity, and are therefore proposed to be the major neurotoxic species in AD [48].

Consequent deleterious effects include neurotoxicity, memory impairments, inhibition of long-term potentiation (LTP), loss of dendritic spines and synaptic dysfunction [49].

Although the function of APP remains to be fully elucidated, understanding APP trafficking and processing would also provide new insights into the regulatory mechanism of the amyloidogenic pathway. The processing of APP involves numerous steps, including APP sorting, transport, internalization and sequential proteolysis. Altered routing of APP trafficking and distribution in neurons might lead to the amyloidogenic pathway, which is implicated in the pathology of AD. Hence, the intracellular distribution and transport of APP are critical for A β production [50]. Indeed, increased A β_{42} production throughout life and

faulty clearance of A β mechanisms lead to accumulation of oligomerization of A β 42 in limbic and association cortices, due to the altered in the numerous proteases in the brain that participate in A β degradation and clearance including cathepsins, gelatinases, endopeptidases, aminopeptidase, neprilysin, serine protease, and insulin-degrading enzyme [51, 52].

A β 42 makes up less than 10% of total A β and it is the initial and major component of amyloid plaque deposits in AD [53].

The detection that A β 42 peptide forms the essential component of AD plaques and that is secreted by cells led to examinations of A β 42 in the CSF. Previous studies showed a decrease in CSF-A β 42 to about 40–50% of control levels has been found in AD in several papers [54].

It is not clear why A β 42 is reduced in AD patients, but it is thought that its decrease reflects trapping of A β 42 in the amyloid plaques in the brain. Indeed, studies suggest that decreased CSF A β 42 correlates well with the levels of amyloid plaques in the AD brain as determined by amyloid imaging [55].

According to the amyloid cascade hypothesis, the pathogenesis of AD states that A β accumulation in the brain begins in the early prodromal stage of AD, and it is a key factor that initiates the neurodegenerative process. Accumulation of A β in the brain of presymptomatic AD patients results consequently in decreasing the level of CSF A β 42. Therefore, CSF biomarkers (A β 42) are altered very early giving the possibility to detect AD patients at risk or to be used as predictors of disease progression in persons with mild cognitive impairment (MCI). More precisely, amyloid-peptide burden and changes in APP metabolism are altered at first up to 10 years before clinical symptoms. Considering the diagnostic sensitivity and specificity levels of A β 42 in CSF – AD patients that ranged between 80% and 90%, may enhance its use as potential test in combinations with other tests [56, 57, 58].

More than two decade ago a new broader term called vascular dementia (VaD) appeared on the screen as a wide spectrum of cognitive impairments pathology associated with cerebrovascular pathologies that do not fulfill AD criteria [59]. New criteria and diagnostic standards for this new disorder were recognized and have gained the attention of the clinical neuroscientists [20, 60, 61, 62].

Intensive studies in this topic indicate that cerebrovascular diseases and AD share the same risk factors [63] and this notion enhanced the thought that simultaneous ischemic events and neurodegenerative pathology have a profound impact on the expression of the dementia, suggesting mutual interactions between ischemia and neurodegeneration and point out that vascular factors may play a role in the pathogenesis of AD [64, 65, 66, 67].

Indeed, A β has potent cerebrovascular effects, and hypoxia–ischemia is a powerful modulator of cerebral amyloidogenesis [68]. Conversely, the cerebrovascular dysregulation induced by A β could hazard perfusion; decrease vascular reserves, and enhance the propensity to

ischemic damage.

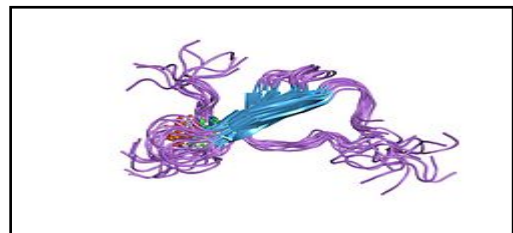
In addition, hypoxia and/or ischemia encourage the cleavage of A β from the amyloid precursor protein (APP) by upregulating β -secretase expression and activity [69, 70, 71].

On the light of these findings we can conclude that ischemia events exacerbates A β accumulation in the brain by decreasing the major elimination pathway of this neurotoxic peptide and in the end its brain clearance [72, 73].

The increasing evidence that cerebrovascular dysfunction plays a role not only in VaD but also in AD, comes from the fact that both impair the neurovascular unit, boost the view that a remarkable overlapping is exist between VaD and AD not only in the underlying risk factors mentioned above, but may also in sharing some CSF neurochemical phenotypes abnormalities.

For example, the CSF profile of A β proteins in patients with AD is highly decreased (A pathological decreased amyloid β_{1-42} assay was considered at <450 pg/ml according to manufacturer's instruction) but A β CSF levels in VaD have been reported to be moderately decreased or significantly overlapping with AD. Since previous studies showed conflicting results in VaD, we investigated CSF biomarkers in CADASIL, since CADASIL represents a model of pure subcortical vascular dementia occurring in young adults, and unlikely to share associated onset age with that of AD and it is the most common single gene disorder leading to ischaemic stroke, characterized by a systemic arteriopathy, which specifically affects the cerebral small vessels causing diffuse changes which result in hypo-perfusion, ischemia and inability of the cerebral vessels to autoregulate [74], we can expect that CSF biomarkers, especially A β , t-tau and p-tau levels, sufficiently discriminate between AD on one hand and CADASIL on other hand.

C. Total tau protein (Microtubule-associated protein tau)



While tau has long been implicated in neurodegenerative conditions, its functions in the adult brain and the precise mechanisms by which it contributes to neuronal dysfunction and degeneration in these disorders remain to be elucidated. Physiologically, tau proteins are an intracellular microtubule-associated protein acting as stabilizers microtubules in the cell cytoskeleton, and pathologically, tau proteins characterize the main component relating to intraneuronal changes in AD patients.

A flurry of recent studies has challenged major dogmas in this field, including the vision that filamentous tau

aggregates are the most pernicious forms of tau, that failure of tau function plays a major role in the pathogenesis of tauopathies. Provocative discoveries suggest that tau regulates neuronal excitability and that it is required for A β and other neurotoxins to cause neuronal deficits, aberrant network activity and cognitive decline [75].

T-Protein is a microtubule-associated protein located in the neuronal axons. Because of alternative splicing of T-mRNA, there are six isoforms ranging in size from 352 to 441 amino acids, with molecular weights of approximately 50–65 kDa [76].

In normal situations, tau is coordinated by phosphorylation. In abnormal conditions, tau becomes hyperphosphorylated (phospho-tau) and accumulates as paired helical filaments that aggregate into masses inside the neurons as neurofibrillary tangles (NFT), which represent one of the hallmarks of AD [77].

The logic for considering tau as biomarker is the presence of abnormal intraneuronal aggregates of phospho-tau observed in many tauopathies, including AD. Tau aggregates can be examined in the Brain and peripheral fluids. Biochemical and Immunohistochemical properties of Tau cumulative in brain permit postmortem categorization and differential diagnosis of tauopathies [78].

The first report on CSF T-T as a biomarker for AD was published in 1993. In that paper, an enzyme-linked immunosorbent assay (ELISA) with a polyclonal reporter antibody was used [79].

Total tau concentrations especially phosphorylated tau (181,199,231) proteins can be measured in the CSF as A β , and show a good correlation with the diagnosis of AD [80].

Previous studies have established 300% increase in the concentration of total-Tau in CSF Alzheimer's patients 70 years and older versus control subjects younger than 50 years

[(>600 pg/mL vs <200 pg/mL), respectively] [81].

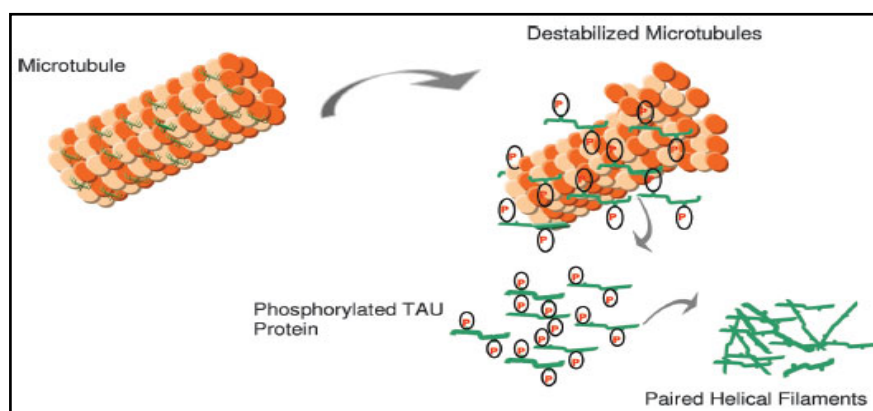
A strong correlation between age and t-tau in healthy individuals has been determined with a cut off value of > 500 pg/mL (> 70 years) versus 450 pg/mL (< 70 years) [82].

CSF t-tau levels in AD patients have a sensitivity of 90% and specificity of 81% compared to healthy Control [83], compared to other dementias, the sensitivity and specificity drops to 50%-60% [84].

Notwithstanding, the relative high sensitivity and specificity that CSF T-tau level plays as discriminator between AD patients and control, its presence in other neurological diseases for instance, VaD, progressive supranuclear palsy, corticobasal degeneration, CADASIL, and its notable high concentration in Spongiform Encephalopathies (3000 pg/mL), decreases at some level its validity as AD specific biomarker [85, 86].

However, the absence of specific novel biomarker for AD and related disorders require a combination of different candidate's biomarkers. The decreased CSF levels of A β 42 in AD, VaD and CADASIL enhance the effort to find additional biomarkers that may be utilized to differentiate between them. Thus, we studied CSF changes in CSF biomarker profiles of commonly used in patients with AD, VaD and CADASIL. With special respect to total tau, which is known as an indicator of neuronal damage and considered to be altered in CSF of AD and VaD patients. The CSF profile of total tau in patients with AD is characterized by increased levels. On the contrary in VaD, studies on this CSF biomarker showed conflicting results: t-tau levels have been reported to be increased, normal or intermediate or significantly overlapping with AD whereas in CADASIL t-tau levels were normal and significantly different with respect to AD.

D. Human Phosphorylated tau (P-tau: phosphorylated at Thr181)



Tau proteins belongs to a group of proteins referred to as microtubule-associated phosphoproteins that are abundant in neurons in the central nervous system and are less common elsewhere. It has been almost 38 years since tau was discovered as a heat resistant and limited affected by acid treatment without loss their function [87].

Remarkably, soluble neuronal microtubule-associated protein that normally functions to support the assembly and stabilization of the microtubule cytoskeleton [88].

There is significant evidence that a deviations from normal phosphorylation process (Hyperphosphorylation) results in tau dysfunction and modification of the conformation of tau and decreasing its affinity to microtubules [89].

Discussions with regulatory authorities gain momentum defining the role of tau biomarkers for trial designs and how they may be further qualified for surrogate marker status [90].

Numerous studies have evaluated the diagnostic value of CSF markers for AD cases, finding high CSF-T-tau and P-tau, followed by MCI, Stroke and VaD (the pathological elevated phosphorylated tau level in AD was considered at >61 pg/ml according to manufacturer's instruction). It is worthy to mention that paradoxical results on CSF biomarkers were found conflicting in VaD (the prototype model of CADASIL) which can be due to possible presence of other underlying pathological alterations [91].

These findings encourage the investigation of P-tau as well as T-tau levels in CADASIL rather than in VaD, since CADASIL reflects a comprehensible pathological model almost exclusively due to cerebrovascular features, making it a clearer model than VaD. Since the levels of P-tau and total tau (T-tau) in the CSF of CADASIL patients were normal, in contrast with elevated values in AD, it's legitimate to consider CADASIL in the differential diagnosis between various neurological diseases.

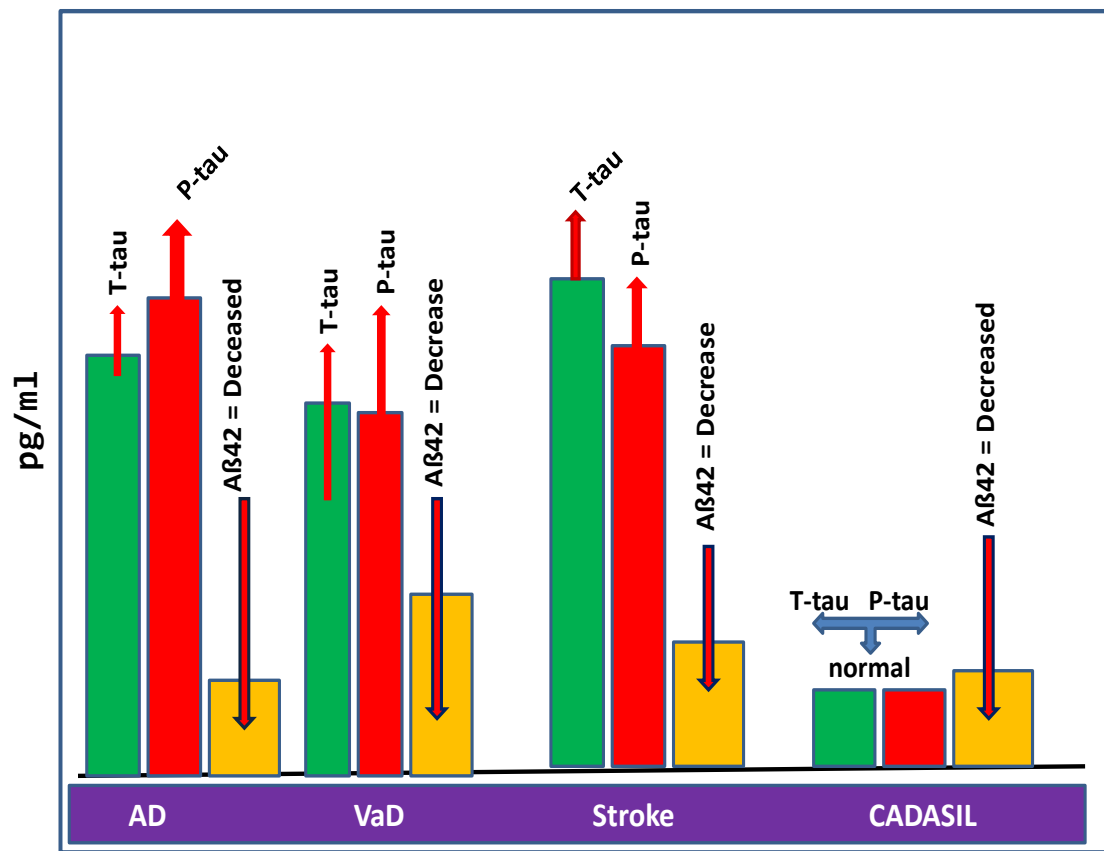
Different anatomical location of dementias within the brain (Cortical area, Subcortical and Mixed form)

Location of dementias		
Progressive Dementias		
Cortical	Subcortical	Mixed
Alzheimer's Disease (AD)	Huntington's disease (HD)	Lewy Body dementia
Motor neuron disease	Parkinson's Disease (PD)	Vascular dementia
Pick's disease	Progressive supranuclear palsy	Binswanger's disease Small vessel vascular dementia caused by damage to the White brain matter
Progressive aphasia	AIDS Dementia	
Wilson's disease	Creutzfeldt-Jakob Disease (CJD)	

3. Conclusions

The differential diagnosis between AD and VaD are still roughly problematic in clinical practice. There is a growing evidence that cerebrovascular dysfunction plays a role not only in vascular causes of cognitive impairments but also in AD. Therefore, to eliminate this bewilderment and discrepancies in the diagnosis between the AD and VaD, it is worthy to examine a disease that is a microangiopathy and represents VaD with clear milestones and features as is the case of cerebral autosomal dominant arteriopathy with subcortical infarcts and leukoencephalopathy (CADASIL). CADASIL is a dominantly inherited mid-adult life disorder causing ischemic strokes, which belongs to vasculopathies and symbolizes a prototype of VaD that provides a unique opportunity for studying its CSF biomarkers and comparing it with CSF biomarkers of AD.

The pathogenesis similarities between CADASIL (a relatively mid-adult disease) with early onset of AD affect the small vessels of the brain suggest plausible molecular mechanisms that are involved in vascular damage and come from the fact that in both diseases genetic mutations occur. CADASIL mutations in NOTCH3 gene generate toxic protein aggregates (Granular Osmiophilic Material- GOM) in the vicinity of vascular smooth muscle cells (VSMCs) causing degeneration and loss of VSMCs in small arteries and arterioles of white matter regions of the brain that lead to dementia, similar to those attributed to mutant forms of the Amyloid Precursor proteins (APP) and presenilins genes who cause overproduction and accumulations of the toxic A β 42 protein in the brain and collapse of A β 42 clearance mechanisms in AD. Despite the presumed pathological similarities, substantial differences between the two phenomena may exist especially in the CSF neurochemical phenotypes.



The figure illustrates the variations in levels of the classical biomarkers Aβ42, t-tau and P-tau, altered generally in the AD, VaD, Stroke and CADASIL.

The figure below comes to illustrate the dissimilarity of commonly used biomarkers (Aβ42, t-tau and P-tau) that are found in the CSF of different neurological diseases such as: AD, VaD, Stroke and CADASIL. Indeed, these divergences are important for the differential diagnosis between the mentioned neurological diseases above. In fact, there is a clear advantage when highlighting the difference in CSF biomarkers between AD and CADASIL that serves to increase the diagnostic accuracy when they used with other biomarkers such as imaging markers.

This figure was made according to data from previous studies and from the literature to illustrate the variations in levels of the classical biomarkers (Aβ42, t-tau and P-tau), altered generally in the AD, VaD, Stroke and CADASIL. Levels measured by (pg/ml) for all the biomarkers, showed Aβ42 with lowest level in AD followed by stroke and moderately decreased in VaD. Total-tau levels are highly increased in stroke followed by AD. On the contrary in VaD, studies on these CSF biomarkers showed conflicting results: t-tau levels have been reported to be increased, normal or intermediate, but in any case much lower than in AD. Phosphorylated-tau (P-tau) levels are highly increased in AD followed by stroke but levels of (P-tau) have been reported to be either normal or increased in VaD. In CADASIL total-tau levels and P-tau levels are normal, and Aβ42 are markedly decreased and considerably overlapped with AD [19, 92].

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