

Book Review

UNDERSTANDING THE POWER OF RESILIENCE ECONOMY

*An Inter-Disciplinary Perspective to Change the World Attitude to
Socio-Economic Crisis*

Book Author: Mohamad Buheji

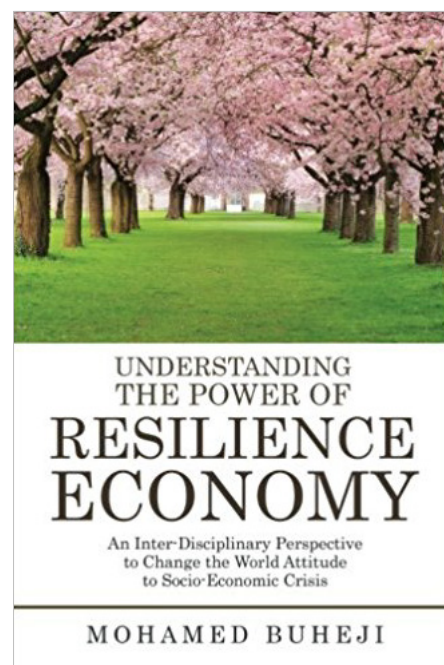
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“Resilience is highly used in science and arts almost every day while we might not see it linked to our existence. With resilience and resilient mindset, we would see and appreciate many things in our life and where we could optimise the influence to our socio-economy”.

This is the way explained in one paragraph the importance of such a book that investigates the power of resilience. This book review focus on how the author managed to collect lots of reflections on resilience role in creating better socio-economy. The author targets to provide practitioners, researchers and change community leaders a roadmap to boost resilience economy and resilience engineering in order to help them manage their existence and readiness for sudden shocks and challenges.

The book uses findings from varieties of case studies that were used through all the chapters. The author offers a systematic and clear understanding of the resilience practices and technique along with its applications on the economy. The book is full of stories that explain each technique of RE in very smooth way, the stories varies from experience of author as a researcher that applied resilience practices and resilience engineering in different fields, as medical, educational, social and agricultural fields and in different countries and contexts. Other stories were paraphrased from other exciting past stories, some from very well-known figures in field of resilience such as Mandela and Gandhi. but was very well related to the topic mentioned in the chapter and gave a good example of how it can be applied. Moreover, after each new idea there was what author called “Resilience Example”, which emphasizes how idea can be practiced in different way. The book covers multi-disciplined fields and aged group, including youth resilience. In addition, varieties of figures are discussed to explain the theories in visualized way.

The Power of Resilience Economy is a focused book that tackles the ability to manage the changing economy and transformation that the world will face, and how it can be better facilitated with less lose by using Resilience Engineering and economy techniques.

The book is divided to ten chapters that take the reader step by step towards understanding the concept. The author discusses the different possible definitions of RE then brilliantly shows its relation with socio- economy. The book creates a clear link between history of RE and its enablers. Also, the RE types of practices and the transition of change towards such an important economy. Starting from Chapter Seven, the author went more in depth of the new theory of ‘Resilience Engineering’, measuring RE and how it can be used in problem solving. The book gave reader way to sustain RE in its final chapter.

The book explained how resilience is a value that unfolds over a lifetime and has shown to be expressed in different ways and by different disciplines. The book talked issues of solving social problem and behavior through RE with ways of recovery.

It can be claimed that it is first book that link between resilience and its affect in economy. As the book linked between understanding RE and how it can be implemented and sustained. This work is essential for better withstanding adverse shocks and reducing the economic costs associated with weak economic structures through ability to absorb disturbances and bouncing back, while continuing to function. With resilient economy, the world would witness more harmony while enhancing its capacity to respond to sudden crisis. Something that is worth exploring more in today's daunting conditions.

Therefore, the chapters in the book links RE with the coming economies, after capital economy and how they would help our societies to become more resilient. This makes it easy for researchers interested in RE and invaluable tool and great reference for those interested in democratic economies. Therefore, the book show how to benefit from RE and how developing countries can use this model. This book was written as a non-technical book and should cover a field of study that is becoming increasingly common, in way that makes it easy to get the concept behind it.