

Investigation of the Pattern of Antibiotic Resistance and Frequency of the AmpC β -lactamase Gene in *Pseudomonas Aeruginosa* Isolated from Clinical and Environmental Samples in Sanandaj Hospitals

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Abstract *Background:* *Pseudomonas aeruginosa* is a very important pathogen with intrinsic resistance to different antimicrobial agents. In *Pseudomonas aeruginosa* the resistance mechanisms result from different ways like changes in gene expression for example by the Mex drug effluxpumps, the AmpC β -lactamase and the carbapenem-specific porin OprD. AmpC is classification in group I and class C β -lactamase that present in *P. aeruginosa* and causing resistance to penicillins and most cephalosporins. Now, bacterial resistance to antibiotics is a major and important problem in hospital and community in the world. *Materials and Methods:* 100 *P. aeruginosa* were examination that isolates from different specimens in all of the Hospitals in Sanandaj and the susceptibility of the isolates to 10 antimicrobial agents was determined by the disc diffusion method on Mueller–Hinton agar plates. ESBL-producing strains were confirmed using double-disk diffusion test. Using CTAB method DNA was extracted and PCR assay was performed for detection of ampC gene. *Results:* Among all *P. aeruginosa* isolates, the highest resistance was seen for Ceftazidime and Ofloxacin (30%) and the least resistance was seen for Amikacin (11%). 11 isolates (11 %) of them were multiple drugs resistant. 13% (13 isolates) of them were found to be ESBL-producing strains in phenotypic tests and 11 of them (85%) carried AmpC genes from different families so they shows polymorphism. *Discussion:* This study emphasizes the high prevalence of MDRP. *aeruginosa* in clinical and environmental specimens isolated from this hospitals. It is important to reduce these pathogens in hospitals and preventing of more resistance in this bacteria by using a suitable treatment protocol based on the antibiogram pattern of the isolates.

Keywords *Pseudomonas aeruginosa*, Antibiotic resistance, Multiple drug resistance (MDR), β -lactamase, AmpC

1. Background

Pseudomonas aeruginosa is an opportunistic human pathogen that have second rank among Gram-negative hospital acquiring pathogens. The ability of *P. aeruginosa* to survive on minimal nutritional mediums and to tolerate different physical conditions make it adapted to hospital environment, so they are formidable nosocomial pathogens and one of the leading cause of nosocomial infections [1, 2, 3, and 4]. *P. aeruginosa* characterized by an innate resistance to multiple antimicrobial agents that involving different enzymic and mutational mechanisms. These mechanisms are often present concurrently that conferring combined resistance in many strains [5]. Multidrug-resistant strains of *P. aeruginosa* are often isolated from patients with weak

immune system [6]. MDR-isolates (multidrug resistant) were defined as those resistant to at least three or more classes of antibiotics [7]. Combination of different mechanisms is usually the cause of resistance to multiple antibiotics [8, 9, and 10]. The main mechanism for resistance to antibiotics in gram-negative bacteria is the synthesis of β -lactamase [11, 12, 13, and 14]. They cleavage the amide bond in the β -lactam ring that inactivating these antimicrobials. β -lactamase enzymes are concentrated into the periplasmic space so β -lactamase-mediated resistance is very efficient especially in Gram-negative bacilli, because they destroying β -lactams before they can reach the penicillin-binding protein (PBP) targets in the cytoplasmic membrane, so they stay alive [15, 16, and 17]. Resistance appeared in organisms that could by mutation or some β -lactam inducers, overproduce their chromosomal AmpC β -lactamase because usually this enzymes are expressed at very low levels [18, 19, and 20]. AmpC β -lactamase, the chromosomal encoded cephalosporinases, present in *P. aeruginosa* [17, 21]. It can inactivate β -lactams by hydrolysis

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and confers resistance to penicillins and cephamycins and at low levels oxyminocephalosporins (Ceftazidime, cefotaxime, ceftriaxone and aztreonam). The hydrolysis rates for fourth generation cephalosporins are very low (cefepime, ceftipime and carbapenems) [22]. AmpC β -lactamase belonging to molecular class C and to functional group 1, and have six families (Table 1). The ampC gene is normally expressed at a low levels, but it can raise these levels in response to β -lactam exposure so its expression is inducible [2, 22, 23, 24] and can be partially or completely derepressed because of mutation in regulatory loci [24]. Mutations that cause β -lactamase depression are the main reason for β -lactam resistance in *P. aeruginosa* [23, 25]. The inducible expression of AmpC is under the control of the ampD, ampG and ampR proteins [26, 27]. Mutations in ampD and ampR genes may cause AmpC overproduction [22, 28, and 29]. AmpC β -lactamase is mainly located in chromosome of Gram-negative bacteria, but maybe plasmid mediated and they are not inhibited by clavulanic acid [3]. Based on the conclusions from a study, the susceptibility of *P. aeruginosa* to some β -lactams (imipenem, panipenem) is more strongly affected by the presence of β -lactamase [25].

2. Objectives

The present study has been performed to determine the antimicrobial resistance, detecting multidrug resistance strains and AmpC-beta lactamase production strains in phenotypic test and investigation frequency of the ampC β -lactamase gene in isolated *Pseudomonas aeruginosa* that collected from different hospitals in Sanandaj, Iran.

Table 1. Characteristics of the AmpC beta-lactamase 6 families [30, 31]

Primer	PCR Product (bp)	Target(s)
MOXM	520	MOX-1, MOX-2, CMY-1, CMY-8 to CMY-11
CITM	462	LAT-1 to LAT-4, BIL-1, CMY-2 to CMY-7
DHAM	405	DHA-1, DHA-2
ACCM	346	ACC
EBCM	302	MIR-1, ACT, 1
FOXN	190	FOX-1 to FOX-5b

3. Materials and Methods

3.1. Sampling and Bacterial Isolation

A collection of 100 *P. aeruginosa* samples were used that isolated from patient and environmental samples in Sanandaj hospitals within 1 year period. The clinical samples were isolated from urine, stool, blood, wounds, sputum, tracheal aspirates, burn wound, and CSF and hospital environment. The hospital environment samples were collected from different wards: burn, internal, ICU, CCU, surgical, urology, neurology. The clinical samples were isolated from 6 age group: <20, 20-30, 30-40, 40-50, 50-60, >60 and both of male and female. Identification of the isolates was done

according to standard microbiology procedures such as Gram stain, Oxidase and catalase, TSI, Indole, MRVP, Citrate, Urease, Ornithine and lysine decarboxylase test. *P. aeruginosa* isolates were stored in LB broth medium containing 30% glycerol at -20 °C.

3.2. Antimicrobial Susceptibility Testing

Antibiotic susceptibility was done by Kirby-Bauer disc diffusion method for 10 antimicrobial agents on Mueller-Hinton agar plates using antibiotic-containing discs. The 0.5 McFarland suspension of bacteria were cultured on the Mueller-Hinton agar and the antibiotic discs were placed on the agar and incubated at 37°C for 24 h. The panel of antibiotics included: Amikacin (30 µg), Cefepime (30 µg), Ceftazidime (30 µg), Ciprofloxacin (5 µg), Gentamicin (10 µg), Imipenem (10 µg), Meropenem (10 µg), Ofloxacin (5 µg), Ticarcillin (75 µg), Tobramycin (10 µg). Isolates resistant to \geq three antibiotics from different classes were considered multidrug-Resistant (MDR) [32].

3.3. Detection of Chromosomal AmpC Phenotype

AmpC production was detected by combination of the double disc test and the combined disc test (DCDT) which included discs of ceftazidime, cefotaxime, cefpodoxime and cefepime placed at a distance of 20 mm (center to center) from a disc containing amoxycillin plus clavulanate and a disc containing ceftazidime plus clavulanic acid and a disc containing cefotaxime plus clavulanic acid for detection of AmpC production [33].

3.4. Extraction of Genomic DNA

Total DNA from AmpC producing *P. aeruginosa* was extracted by CTAB method. The bacterial colony was suspended in 700 µl of CTAB buffer (contain: CTAB, EDTA, NaCl, β -mercaptoethanol (2me), Polyvinylpyrrolidone (PVP), TrisHCl (pH=8)) and incubated for one hour at 65 °C. The solution was added with 800 µl of chloroform / isoamylalcohol (24:1) and the cells were harvested by centrifugation (12000 rpm, 15 min). The aqueous phase were transferred to another tube and DNA was precipitated with 500 µl isopropanol from the aqueous phase and kept in the freezer for one hour and in refrigerator for 24 hour. After centrifugation (12000 rpm, 15 min), the DNA pellet was washed with 70% ethanol, dried briefly and resuspended in 150 µl of distilled water. The DNA was kept in the freezer for next steps.

3.5. DNA Amplification

The primers sequences were designed to amplify the complete sequence of ampC gene. The sequences of forward and reverse primers is shown in table 2. Master Mix for PCR contained 2 µl PCR buffer, 0.7 µl of each dNTPs, 0.9 µl MgCl₂, 1 µl of each primers (forward and reverse), 0.3 µl Taq DNA polymerase (Sinna Gen, Iran) and 2 µl DNA

¹Double disc plus combined discs

template with 20 μ l final volume in each tube. Setup condition for DNA amplification is shown in table 3. PCR products were analyzed by horizontal gel electrophoresis with 1.5% agarose and ethidium bromide in TBE buffer and running at 100 V for 1 hour. DNA molecular size marker was included in all gels (100-bp DNA ladder, Sinna Gen, Iran).

Table 2. Primer pair used for AmpC β -lactamase screening

Primer pairs	Sequence	Product size
1 F	5' ACTGGTCGACGCCGCGTACAACC 3'	190-520 bp
R	5' AGGATGGCGTAGGCGATCTTCACC 3'	

Table 3. Setup condition for PCR reaction

Cycles	Temperature	Time
First denaturation	95°C	3 min
Loop: 35	Denaturation	95°C
	Annealing	65°C
	Extension	72°C
Extension final	72°C	10 min

4. Results

The antimicrobial susceptibility testing results is shown in chart 1. the highest resistance was seen for Ceftazidime and Ofloxacin (30%) and the least resistance was seen for Amikacin (11%). 11 (11%) isolates were MDR and were resistant to more than three classes of antibiotics. 13% (13 isolates) of them were found to be AmpC producing strains in phenotypic tests and 11 of them (85%) carried AmpC genes from different six families so they shows polymorphism (figure 1). Among this Ampc producing strains, 4 of them were from burn wound, 1 from urine, 3 from trachea and 5 from hospital environment (3 from burn ward and 2 from urology ward) (chart 2). Based on the age and sex, most of the pseudomonas aeruginosa samples were detected from 20-30 age group (32%) (Chart 3) and males (42%) (chart 4), and based on the samples, most of the pseudomonas aeruginosa samples were detected from burn wound (18%) in clinical samples (chart 5) and from burn ward (35%) in environmental samples (chart 6). Statistical Analyses were done by SPSS V.16 and the relationship between variables were determining. Based on the results, there is not significant relationship between AmpC-producing strains and Sex, Age & Kind of samples (P value > 0.05).

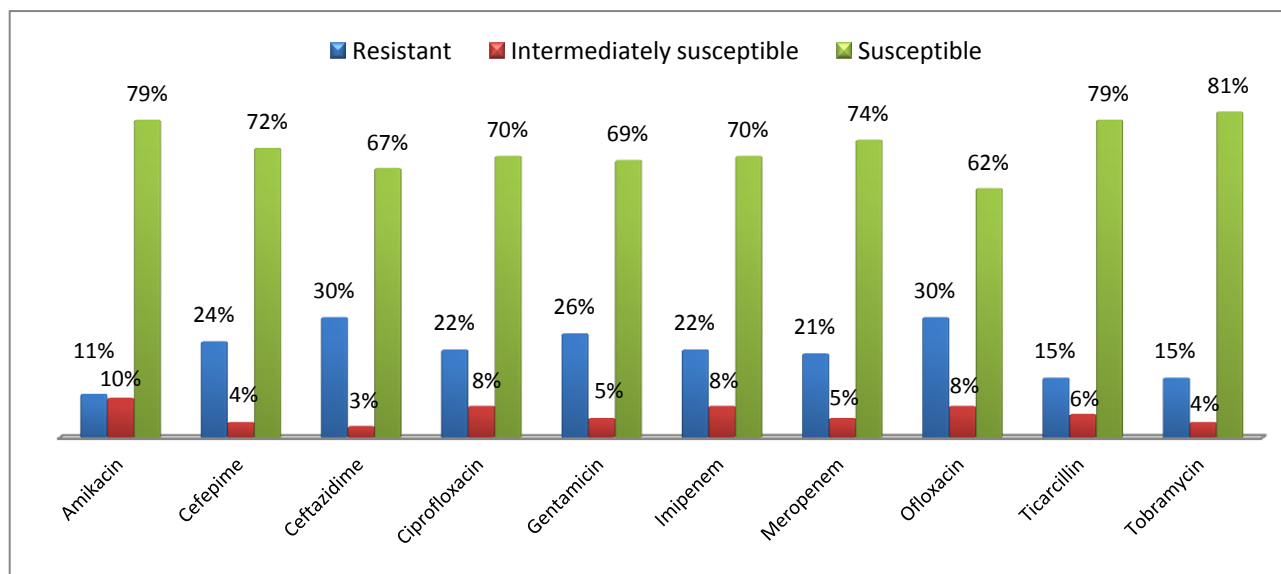


Chart 1. Antibiotic susceptibility pattern of isolated P. aeruginosas

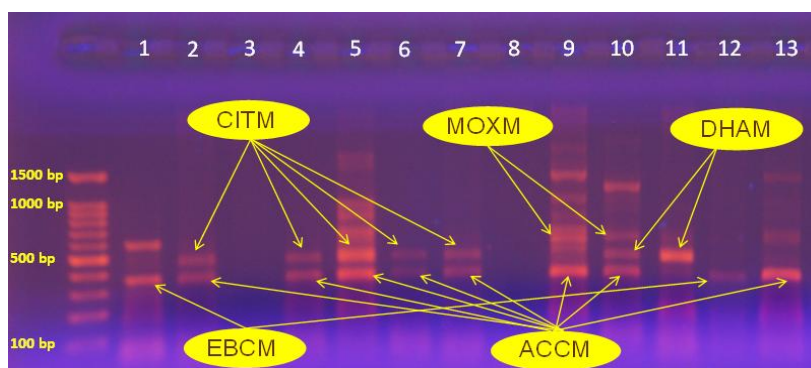


Figure 1. PCR Amplification of AmpC Gene in AmpC positive phenotypic tests *Pseudomonas aeruginosas*

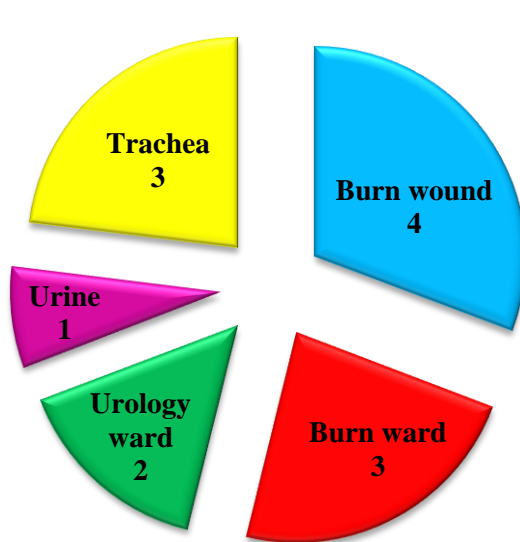


Chart 2. Frequency of the Ampc producing strains based on kind of samples

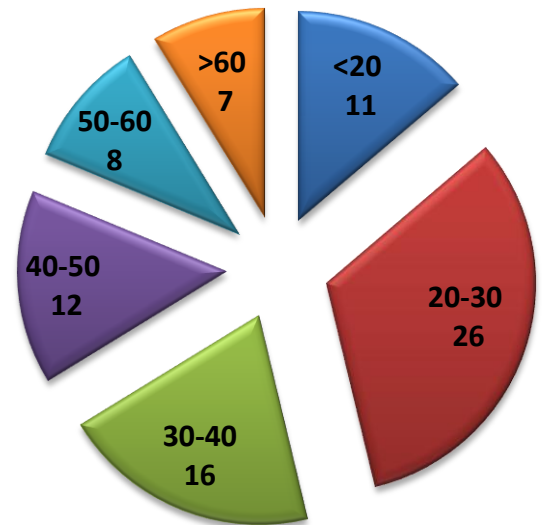


Chart 3. Frequency of pseudomonas aeruginosa based on Age

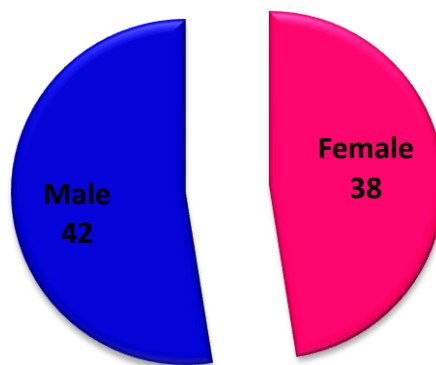


Chart 4. Frequency of pseudomonas aeruginosa based on Sex

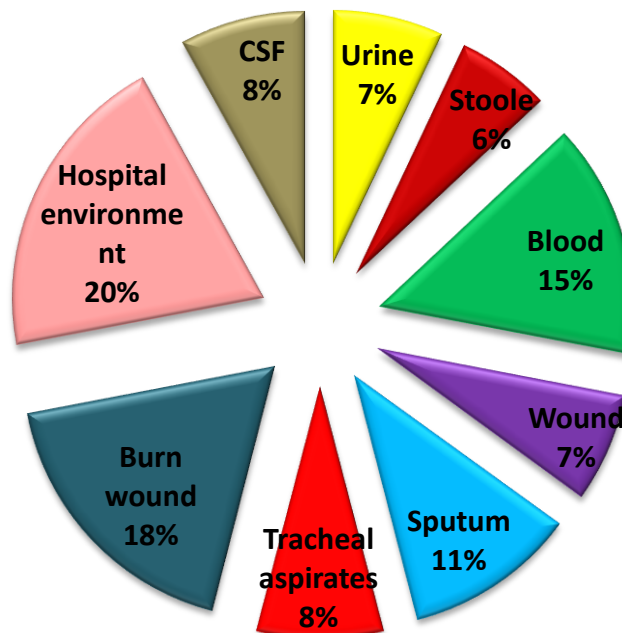


Chart 5. Frequency of pseudomonas aeruginosa based on samples

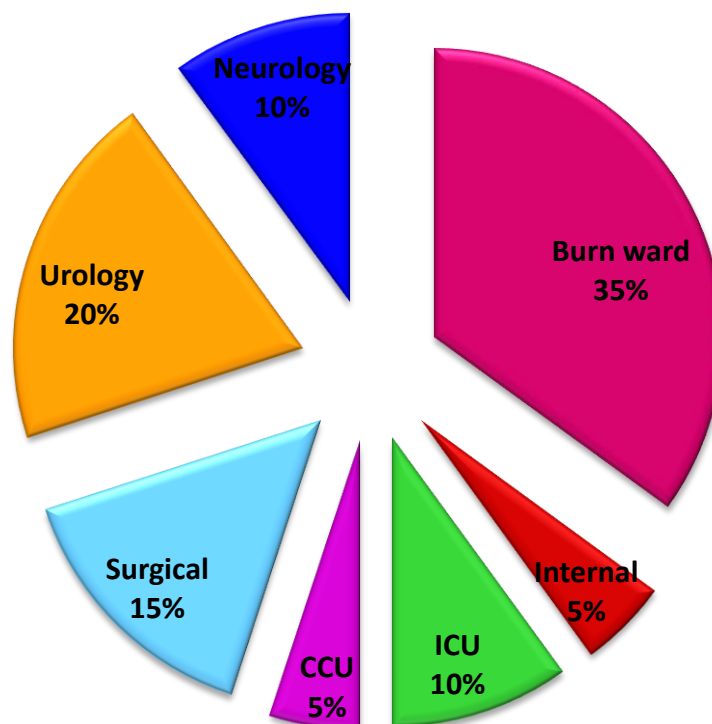


Chart 6. Frequency of pseudomonas aeruginosa based on sampling wards

5. Discussion

The emergence of AmpC β -lactamases-producing *P. aeruginosa* propose a serious challenge to antimicrobial chemotherapy because of continued increases immunosuppressed / compromised patient populations and the ability of the bacteria to rapidly mutate and adapt to antibacterial agent [3,34]. In recent decades, a large number of molecular techniques have been developed for detection of serious microbial pathogens and their resistance or pathogenic markers. While many have found practical application in routine microbiological diagnostics, others are currently used in research only. If these modern methods are introduced into diagnostics, they often help in rapid and accurate detection of certain microorganisms or their resistance and pathogenic determinants, so for control of this pathogenic bacteria, the use of treatments based on microbiological and pharmacological data, should be priorities. Based on this study, in comparison with recent researches in Iran, the rate of resistance for most of the antibiotics used in this study were decreased but considering the ever-increasing prevalence of resistant in this bacteria, rapid identification and choose suitable antimicrobial treatment are needed to prevent of further resistant.

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